



STANFORD

2011 WATER POLO GUIDE

AMBER **OLAND**



KIM **HALL**



KIM **KRUEGER**



STANFORD

2011 WOMEN'S WATER POLO



Back Row (l-r): Kelsey Suggs, Kim Hall, Kate Baldoni, Amber Oland, Annika Dries, Victoria Kennedy.
Middle Row (l-r): Kaley Dodson, Melissa Seidemann, Vee Dunlevie, Kim Krueger, Jillian Garton, Lexie Ross, Lizzie Peiros. **Front Row (l-r):** Pallavi Menon, Alyssa Lo, Kaitlyn Lo, Cassie Churnside, Alexis Lee, Monica Coughlan.

2011 Stanford Women's Water Polo Roster

#	Name	Pos.	Ht.	Yr.	Hometown (Last School)
1	Amber Oland	Goalkeeper	6-0	Sr.	Santa Ana, CA (Foothill)
1	Kim Hall	Goalkeeper	5-10	Sr.	Kaneohe, HI (Punahou)
1	Kate Baldoni	Goalkeeper	5-10	So.	Newport Beach, CA (Corona del Mar)
2	Melissa Seidemann	2-Meter Offense	6-0	Jr.	Walnut Creek, CA (College Park)
3	Pallavi Menon	Driver	5-5	Jr.	Palo Alto, CA (Sacred Heart Prep)
4	Alyssa Lo	Driver	5-7	Jr.	San Anselmo, CA (Sir Francis Drake)
5	Jillian Garton	Driver	5-10	So.	Granite Bay, CA (Granite Bay)
6	Vee Dunlevie	Driver	5-8	So.	Atherton, CA (Sacred Heart Prep)
7	Kim Krueger	Driver	5-10	Sr.	Los Altos Hills, CA (Menlo School)
8	Alexis Lee	Driver	5-7	So.	Ventura, CA (Ventura)
9	Victoria Kennedy	Driver	6-0	So.	Newport Beach, CA (Corona del Mar)
10	Kaitlyn Lo	Driver	5-6	Fr.	San Anselmo, CA (Sir Francis Drake)
11	Cassie Churnside	Driver	5-8	Jr.	Orange, CA (Villa Park)
12	Monica Coughlan	2-Meter Defense	5-8	Jr.	Moraga, CA (Campolindo)
13	Lexie Ross	Driver	5-9	Fr.	Laguna Beach, CA (Laguna Beach)
14	Kelsey Suggs	Driver	5-10	Fr.	Ladera Ranch, CA (Tesoro)
17	Lizzie Peiros	2-Meter Defense	5-8	Fr.	Moraga, CA (Campolindo)
18	Kaley Dodson	Driver	5-11	Fr.	Seal Beach, CA (Los Alamitos)
20	Annika Dries	2-Meter Offense	6-1	So.	Laguna Beach, CA (Laguna Beach)

Head Coach:

John Tanner, 14th Season
(Stanford '82)

Associate Head Coach:

Susan Ortwein,
14th Season

Volunteer Assistant Coach:

Kyle Utsumi, 4th Season
(Stanford '95)

Sports Performance:

Brandon Marcelllo, PhD

Trainer:

Jesse Free



2011 STANFORD WOMEN'S WATER POLO



Alyssa Lo



Annika Dries

2011 Stanford Women's Water Polo Quick Facts

General Information

Location: Stanford, CA 94305
Enrollment: 15,140 (6,812 Undergraduates)
Founded: 1891
Nickname: Cardinal
Colors: Cardinal and White
Conference: Mountain Pacific Sports Federation
President: John Hennessy
Athletic Director: Bob Bowlsby
Senior Women's Administrator: Beth Goode
Sport Administrator: Earl Koberlein

Coaching Staff

Head Coach: John Tanner
Career Record: (323-55, 14th Year)
Record At Stanford: Same
Associate Head Coach: Susan Ortwein (14th Year)
Volunteer Assistant Coach: Kyle Utsumi (Fourth Year)
Athletic Trainer: Jesse Free
Sports Performance Coach: Brandon Marcello, PhD
Women's Water Polo Office Phone: (650) 725-9015

Team Information

2010 Record: 26-3 (Home: 10-0, Away: 5-0, Neutral: 11-3)
2010 MPSF Record (Finish): 7-0 (1st)
2010 MPSF Tournament: Third Place (Stanford 10, California 3)
2010 National Collegiate Championship: Runner-Up (USC 10, Stanford 9)
Letterwinners Returning/Lost: 14/5
Newcomers: 5
Home Pool: Avery Aquatics Center
NCAA Tournament Appearances: 10
NCAA Championships: 1 (2002)

Media Relations

Asst. Media Relations Director/WWP Contact: Aaron Juarez
Office Phone: (650) 725-7277
E-Mail: arjuarez@stanford.edu
Media Relations Office: (650) 723-4418
Media Relations Fax: (650) 725-2957
Athletics Website: www.gostanford.com

Media Information

Interview requests for players and coaches must be coordinated with Aaron Juarez in the Stanford Athletic Communications and Media Relations office. Interview requests should be submitted at least 24 hours in advance. Visit www.gostanford.com for news releases, player profiles, and updated statistics.

CREDITS: The 2011 Stanford Men's Water Polo Guide is a production of the Stanford Athletics Communications and Media Relations Department. **Writing:** Aaron Juarez. **Photography:** David Gonzales, Kyle Terada, USA Water Polo. **Design:** Don Hogue.

AVERY AQUATIC CENTER

HOME OF CHAMPIONS

If Stanford Athletics is recognized as "Home of Champions," then one can argue the most prolific room in the house is the Avery Aquatic Center. Since opening in its current form in 2001, the magnificent facility has seen a trio of NCAA team champions, 48 individual NCAA titles, 14 Pac-10 Conference team champions, 152 individual Pac-10 titles, six MPSF team winners, four U.S. Collegiate team champs, 20 U.S. Collegiate individual titles and 33 Stanford Olympians (through the 2008 Games) grace its waters in the sports of men's and women's water polo, men's and women's swimming and diving and synchronized swimming.

The recently rebuilt and remodeled Avery Aquatic Center is the home of all Stanford aquatic teams, and widely considered to be the finest outdoor swimming and diving facility in the United States and perhaps the world.

Initially christened the deGuerre Pool Complex after Dorothy and Sidney deGuerre, the original facility was completed in 1972. In May 1999, an extensive renovation and expansion began that would ensure a world-class home for Stanford Aquatics well into the future. Behind these efforts were the generosity and passion for water sports of Burt and Marion "Pete" Avery and their family.

As it stands today, Avery Aquatic Center features four separate pools: the Avery Competition Pool, the Maas Diving Center, the Belardi Pool and the Baker Pool. The main attraction is the Competition Pool, which can hold up to 2,530 spectators in a facility designed to host all of Stanford's water polo, swimming, and synchronized swimming events. One of the fastest pools in the nation, the Competition Pool is 37 meters long and 20 meters wide. It tapers from 11-14 feet deep and features dual one-meter and three-meter Maxiflex springboards on the south end.

The Avery Stadium Pool also features a scoreboard on the north end, installed and built by Daktronics.

Belardi Pool and Baker Pool stand as a pair of top-rate training pools which offer Stanford student-athletes and coaches tremendous flexibility when designing training programs. The Belardi Pool is 50 meters long, 25 meters wide and tapers to a depth of 11 feet in the center, while the Baker Pool is also 50 meters long, but 25 yards wide and with a varying depth of 4.5-5.5 feet.

The Sandy Foundation Team Room (men's) is located on the east side of the pool deck. The Harold A. Miller Team Room (women's) is located on the west side of the deck level. In 2000, two additional team locker rooms were completed: the Men's Timkin Team Room and the Women's Team Room.

Construction began in 2007 on the Avery Video Center, which added 2,000 square feet to the existing Avery Aquatic Center. At a cost of \$1.4 million, the Avery Video Center provides a meeting facility for all aquatic sports programs, as well as state-of-the-art video equipment for game-planning and scouting purposes.

The Avery Aquatic Center has served as host of many conference and national championships. The facility has hosted the National Collegiate Men's Water Polo Championship three times (2004, 2007 and 2008) and will host its second MPSF Men's Water Polo Tournament in 2010 (the 2004 edition was also held at Avery).

The first-ever National Collegiate Women's Water Polo Championship was held at Avery Aquatic Center in May of 2001, and the facility has hosted the women's championship twice more, in 2004 and 2008.

On July 10, 2008, Avery Stadium was the site of the finale of the "Blastoff 2 Beijing" tour that featured a five-game series between the women's water polo teams of the United States and Australia. The United States captured a 7-5 victory in that contest in front of a standing room-only crowd of 2,926 fans, the largest recorded crowd to ever witness a women's water polo contest on American soil.





**Avery
Aquatic
Center**
*Home of
Champions*



STANFORD WOMEN'S WATER POLO AT THE OLYMPICS

In the relatively short history of Olympic women's water polo, Stanford alumnae have played a significant role in the fortunes of the United States Olympic Team since the first women's tournament at the 2000 Sydney Games. Over the three women's Olympic tournaments since 2000, Stanford boasts six of its alumnae combining to make a total of nine appearances for Team USA at the Olympics.

Brenda Villa, a 2003 Stanford graduate, leads the way as the only Cardinal player of that group to appear in all three Olympic tournaments. Villa, who served as the U.S. captain at the 2008 Beijing Games, has helped lead the U.S. to silver medals in Sydney and Beijing and a bronze medal at Athens in 2004.

Ellen Estes ('02) is the only other two-time Olympian among the group, donning the USA cap at the 2000 and 2004 Games, earning a silver and a bronze medal in the process.

Margie Dingeldein ('02) and Jackie Frank ('03) were also a part of the bronze medal-winning U.S. team in Athens, as Stanford boasted four members of that squad, the most the school has had on any one Olympic women's water polo team.

In 2008, two more Cardinal alumnae made their Olympic debuts, as Alison Gregorka ('07) and Jessica Steffens ('10) joined Villa on the silver medal-winning U.S. squad in Beijing.

The six Stanford Olympic alumnae have helped the United States become the only nation to medal in all three Olympic women's water polo tournaments.



Jessica Steffens
2008 Olympian

Alison Gregorka
2008 Olympian

Brenda Villa
Three-time Olympian



STANFORD AT THE OLYMPICS



The US Water Polo team, paced by four Stanford alums, finished as the silver-medalist at the 2008 Beijing Games.

1992 BARCELONA GAMES - Men's (4th)

John Tanner (Assistant Coach)

2000 SYDNEY GAMES - Men's (6th)

John Tanner (Assistant Coach)

2000 SYDNEY GAMES (SILVER)

Ellen Estes
Brenda Villa

2004 ATHENS GAMES (BRONZE)

Margie Dingeldein
Ellen Estes
Jackie Frank
Brenda Villa

2008 BEIJING GAMES (SILVER)

Alison Gregorka
Jessica Steffens
Brenda Villa*

*Team captain



At the 2008 Games in Beijing, Stanford's representatives scored 19 of the U.S. team's 50 goals in the tournament, with Brenda Villa being the team's co-leader with nine. Additionally, Jessica Steffens, one of just two collegians on the U.S. squad, was the lone American player named to the Olympic All-Star Team following the tournament. At the 2004 Olympics in Athens, below, Stanford players accounted for nearly half of the team's goals.



Jackie Frank
2004 Olympian



Ellen Estes
2000 & 2004 Olympian



Margie Dingeldein
2004 Olympian

STANFORD'S CHAMPIONSHIP WATER POLO TRADITION



Brenda Villa
Three-time Olympian
Three-time All-American
National Player of the Year



Ellen Estes
Two-time Olympian
Four-time All-American

Tradition Of Excellence

Stanford women's water polo has earned itself a spot amongst the elite programs in the nation, laying claim to a national championship in 2002 and holding the distinction of being the only team to qualify for every NCAA Championship since the tournament's inception in 2001.

Stanford has reached the NCAA Championship final six times in those 10 appearances. The Cardinal has captured one national championship (2002), finished second five times, and finished third four times.

Since 1996, Stanford has also captured four MPSF Tournament titles (2000, '01, '03 and '06). The program has also racked up an impressive 387-74 (.840) over that time.

Also in that time span, Stanford student-athletes have collected 67 All-America honors as well as 73 selections to the various All-MPSF teams. On three occasions a Stanford student-athlete has taken home player of the year honors, as Brenda Villa earned the honor in 2001 and Jackie Frank claimed the award in two consecutive years (2002-03). Villa (2002) and Frank (2003) have each also claimed the prestigious Peter J. Cutino Award, presented annually by the Olympic Club to the country's top female collegiate player. Five additional Cardinal alumnae have been finalists for the award as well.

Brenda Villa ('03) remains the only Cardinal student-athlete to have earned first-team All-America honors in each season at Stanford (2001-03).

But it has not only been the classroom where the Cardinal has excelled, as the program has had 97 national All-Academic selections and 92 MPSF All-Academic nods since 1998.

Six Stanford alumnae have also had the honor of representing Stanford at the Olympic Games since women's water polo was added to the Games in 2000. Villa is the only Cardinal alumna to have been on the U.S. team for all three tournaments, earning two silver medals (2000 and '08) and a bronze medal (2004).

Ellen Estes ('02) was a part of the U.S. team at the 2000 Sydney Games and the 2004 Athens Games, while Margie Dingeldein (2004), Jackie Frank (2004), Alison Gregorka (2008) and Jessica Steffens (2008) have all made an appearance on Team USA.

Thanks in part to the play and leadership from this group of six Stanford alumnae, the U.S. holds the distinction of being the only nation to medal in all three of the Olympic women's water polo tournaments.

Jackie Frank
Two-time Olympian
Two-time National Player of the Year



1 NCAA CHAMPIONSHIP

67 ALL-AMERICANS

6 OLYMPIANS

4 MPSF TOURNAMENT TITLES

3 NATIONAL PLAYER OF THE YEAR AWARDS

42 U.S. SENIOR NATIONAL TEAM SELECTIONS

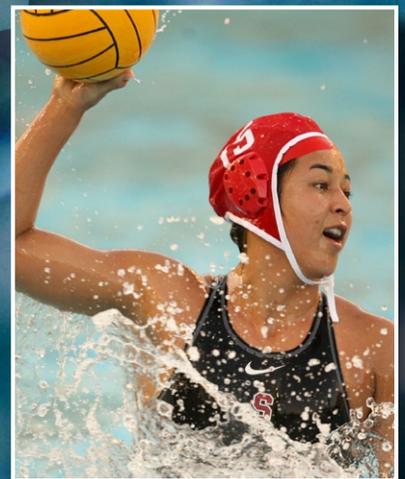
Jessica Steffens
All-American
2008 Olympian



Lauren Silver
Two-time All-American



Margie Dingeldein
All-American
Olympian



Christina Hewko
Two-time All-American





STANFORD UNIVERSITY

The Nation's Premier University

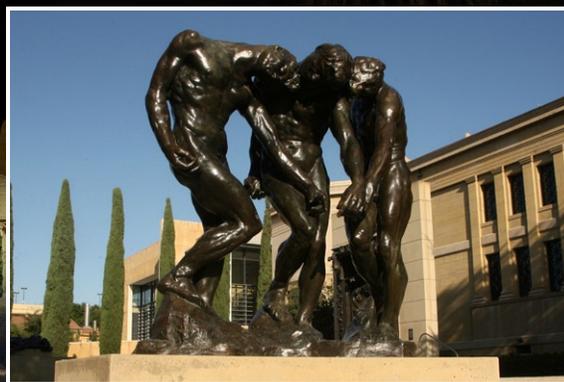
The world all at once: Limitless possibilities are at the heart of Stanford University.

Global positioning systems and gene splicing, *One Flew Over the Cuckoo's Nest* and *The Grapes of Wrath*, Yahoo! and Google — all bear the mark of a Stanford individual. At Stanford, you will find the entire universe of what humankind knows and is endeavoring to know. From your first days on campus, this universe will be yours to explore, yours to discover. Stanford will ask that intellectual curiosity be your compass, that excellence be your true north.

Along the way, you will have the guidance of extraordinary faculty mentors who are at the forefront of advancing the world's understanding of subjects ranging from geophysics to history to bioscience to musical composition. You will also have the friendship of fellow students who will awe and inspire you as much for their humanity as for their talents. As you pursue the questions that interest you most, your mentors and friends will give you the freedom to risk temporary failure as you push yourself both intellectually and personally—along with the freedom and encouragement to pursue what you love.

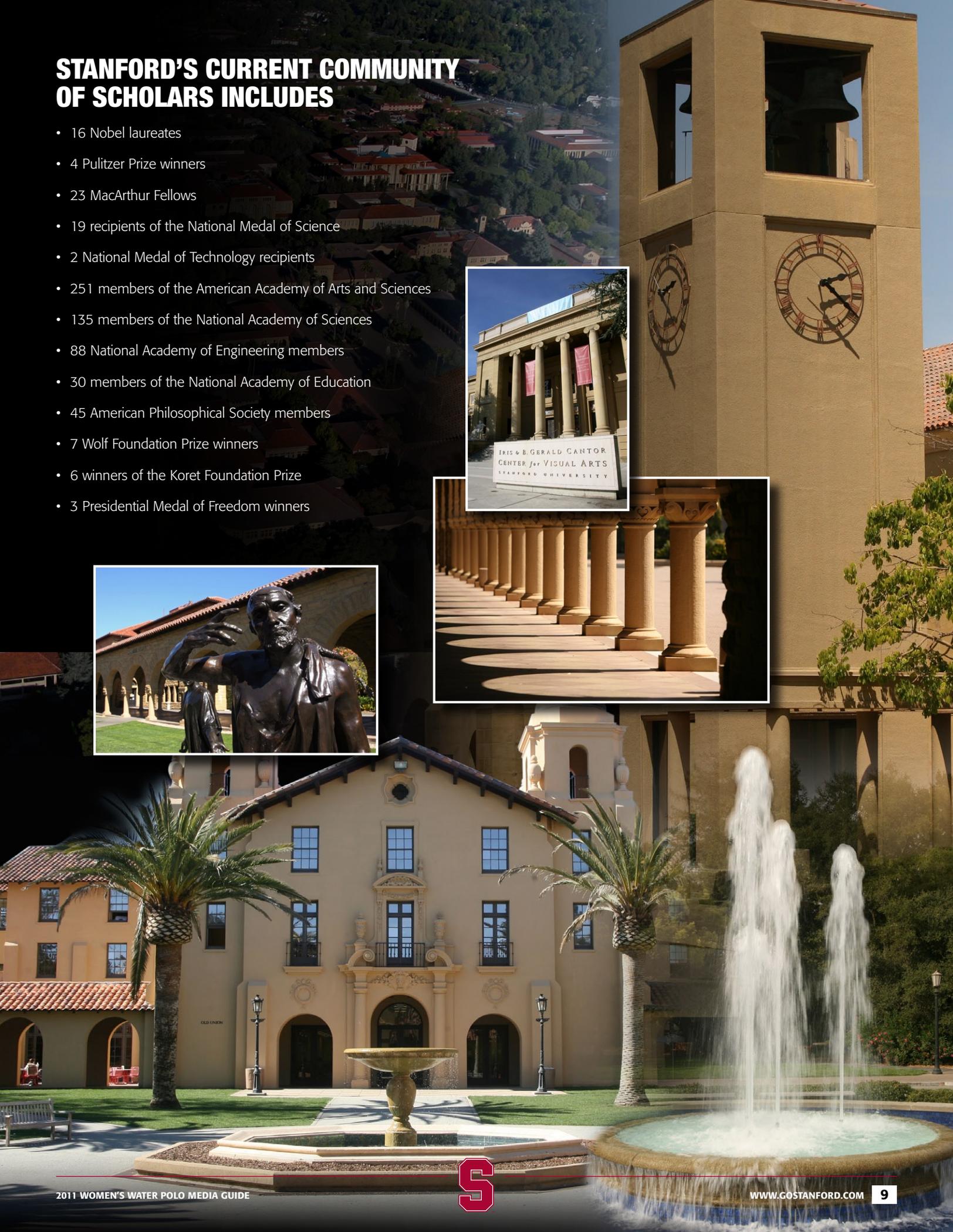
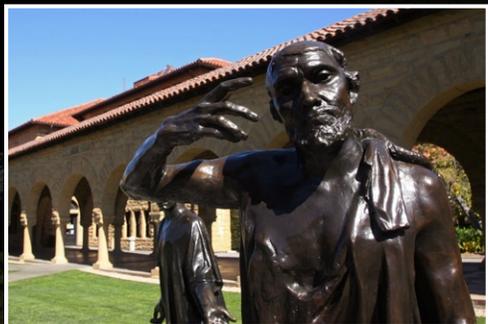
Your reward will be the exhilaration of discovery—the exhilaration of true excellence.

— *Courtesy of Stanford University*



STANFORD'S CURRENT COMMUNITY OF SCHOLARS INCLUDES

- 16 Nobel laureates
- 4 Pulitzer Prize winners
- 23 MacArthur Fellows
- 19 recipients of the National Medal of Science
- 2 National Medal of Technology recipients
- 251 members of the American Academy of Arts and Sciences
- 135 members of the National Academy of Sciences
- 88 National Academy of Engineering members
- 30 members of the National Academy of Education
- 45 American Philosophical Society members
- 7 Wolf Foundation Prize winners
- 6 winners of the Koret Foundation Prize
- 3 Presidential Medal of Freedom winners





What to Look For in 2011

Stanford Enters 2011 As Preseason No. 1

The Stanford women's water polo team enters the 2011 season as the preseason No. 1 in the Varsity Top 20 National Poll, as well as the popular pick to win the 2011 MPSF title according to the MPSF Preseason Coaches' Poll. The announcement marked the second straight season that Stanford was the preseason favorite in both polls.

Inside Presence

Stanford returns two of the nation's top two-meter players in 2011 as junior Melissa Seidemann and sophomore Annika Dries are back on The Farm following All-America campaigns a season ago. Seidemann, a Walnut Creek, Calif. native, has led the Cardinal in scoring in each of her first two seasons, scoring 59 goals as a freshman in 2009 and 54 goals last year. Her efforts in helping the Cardinal to the National Collegiate title game last year earned Seidemann a spot on the ACWPC All-America Second Team.

Dries, meanwhile, is coming off of a rookie season in which she tied for third on the team with 35 goals. That performance landed her spots on the ACWPC All-America Third Team as well as the All-MPSF Third Team and All-Freshman Team.

Oland Back For Her Fourth Year In The Cage

Returning for her fourth season as Stanford's go-to in the cage is senior Amber Oland. Last year, Oland was named to the ACWPC All-America Second Team following a campaign in which she averaged 7.05 saves per game and boasted a goals-against average of just 4.26. Over her three seasons on The Farm, Oland has anchored the Cardinal defense to one national title game appearance as well as a trio of top-three national finishes.

Plenty Of Support To Offer

Stanford's additional firepower and defense is bolstered by the return in 2011 of goal scorers junior Pallavi Menon (35 goals in 2010), senior Kim Krueger (30), junior Alyssa Lo (22) and junior Cassie Churnside (18), as well as sophomore goalie Kate Baldoni (4.26 saves per game, 2.06 goals-against average in 19 appearances).

Menon, Krueger and Lo provide the Cardinal with a perimeter presence to compliment Seidemann and Dries inside, as the six players combined to score 194 of Stanford's 340 goals in 2010.

In the cage, Baldoni proved a capable backup to the All-American pick Oland, making 81 saves over 33 periods of action.

Another Solid Freshman Class Awaits Its Opportunity

Stanford welcomes a five-member freshman class to the pool in 2011, as drivers Kaley Dodson (Seal Beach, Calif./Los Alamitos), Kaitlyn Lo (San Anselmo, Calif./Sir Francis Drake), Lexie Ross (Laguna Beach, Calif./Laguna Beach) and Kelsey Suggs (Ladera Ranch, Calif./Tesoro) along with two-meter defender Lizzie Peiros (Moraga, Calif./Campolindo) join the squad.



Pallavi Menon



Amber Oland





JOHN TANNER

Head Coach

Stanford (1982)
14th Season



2008 MPSF Co-Coach of the Year
2007 MPSF Coach of the Year
2003 MPSF Coach of the Year
2002 MPSF Coach of the Year
1998 MPSF Coach of the Year

John Tanner enters his 14th season at the helm of the Stanford women's water polo program. An experienced and enthusiastic coach, Tanner took on the developing program in 1997 and has since turned it into a nationally-ranked powerhouse that has produced an NCAA Championship, four MPSF Championships, 18 U.S. National Team members, and six Olympians. Under Tanner's watch, Stanford is the only women's water polo program in the nation to have competed at all 10 NCAA Championships since its inception in 2001, and has finished in the top-three nationally each season since he came on board in 1997. Tanner now holds a 323-55 (.855) career coaching record at Stanford.

Last year Tanner led the Cardinal to the seventh NCAA Championship Game appearance in program history as well as to a perfect 7-0 record in MPSF play. Overall, the Cardinal went 26-3 in 2010, claiming the Stanford Invitational title along the way. Five Cardinal athletes were named All-Americans while 10 received national All-Academic recognition, and at the National Collegiate Championship Stanford's Monica Coughlan was named the NCAA ELITE 88 award winner, given to the student-athlete with the highest cumulative grade-point average competing at an NCAA finals.

In 2009, Tanner guided the Cardinal to a record of 26-4 (6-1 MPSF) and claimed a third-place national finish at the National Collegiate Women's Water Polo Championship. Four members of the team were named All-Americans by the ACWPC, and 11 were named Academic All-Americans. For the second straight year, a Stanford player also captured the MPSF Newcomer of the Year award, as Melissa Seidemann took home the honor.

Tanner earned the fifth MPSF Coach of the Year honor of his career in 2008 after leading the Cardinal to a 27-5 overall record and an 11-1 mark in MPSF play. Under Tanner's guidance, Stanford brought home a third-place national finish as well as placing four players on the ACWPC All-America Team, six on the All-MPSF Teams, including freshman goalie Amber Oland capturing Newcomer of the Year honors, and seven on the MPSF All-Academic Team.

Stanford posted a 27-3 overall record and reached the NCAA championship game for the sixth time in program history in 2007. His Cardinal squad featured five AWPCA All-Americans, an astounding 10 AWPCA Academic All-Americans, and eight members of both the MPSF All-Conference and All-Academic teams. For his part, Tanner earned his fourth career MPSF Coach of the Year honor.

In 2006, Tanner led his squad to its fourth MPSF Championship and a 24-5 overall record. The Cardinal reached the national semifinals for the tenth-straight season and boasted five AWPCA All-Americans, five Academic All-Americans, five All-Conference honorees, and seven Academic All-Conference honorees.

In 2005, Tanner's squad earned runner-up honors at both the MPSF and NCAA Championships, finishing with a 21-7 overall record. The Cardinal boasted four AWPCA All-Americans, as well as eight Academic All-Americans and MPSF All-Academic selections.

During the 2004 season, Stanford earned third place at the NCAA Championships, following a second-place finish at the MPSF Championships. Posting a 19-5 overall record, the Cardinal was recognized not only for its superior athletic performance, but for its academic achievement as well. Three players were named All-Americans, and seven student-athletes were named MPSF Academic All-Conference and Academic All-Americans.

In 2003, Tanner was named the MPSF Coach of the Year for the second consecutive season after the Cardinal finished first in the MPSF Tournament and placed second in the NCAA Tournament. The Cardinal wrapped up the season with a 21-3 overall record with the help of MPSF Player of the Year Brenda Villa and Goalie of the Year Jackie Frank.

In 2002, he led the Cardinal to its first NCAA Championship and a 23-2 record. The Cardinal earned its first NCAA title, with the help of five All-Americans. Tanner was named the MPSF Coach of the Year for the most successful season in program history.

In 2001, the Cardinal finished second at the NCAA Championships with a 27-1 record, after becoming the first-ever collegiate team to remain undefeated during the regular season.

The 2000 Cardinal posted a record of 28-5 on its way to a third-place finish at the Collegiate Nationals, and boasted five All-Americans, four players named to Collegiate National All-Tournament teams, and eight Academic All-Americans.

In 1999, the team posted a 25-6 record and placed second at the Collegiate Nationals, falling to USC 7-6 in five overtimes in the Championship game.

In his first year as head coach in 1998, Tanner led Stanford to a 29-6 record and a third place finish at the Collegiate National Championships. That same year, he was named MPSF Coach of the Year, having, at the time, led the Cardinal to its most successful season in the history of the program.

A former Stanford water polo All-American himself, Tanner returned to his alma mater with a fortune of knowledge gained from years of coaching, both at the collegiate and international levels. Tanner has been involved with United States Water Polo in various capacities from 1988 to the present. He was the assistant coach of the U.S. Men's National Team that placed sixth at the 2000 Olympics in Sydney. He garnered the second World Championship of his career in 1997 as the Americans captured the World Cup in Athens, Greece.

Tanner began his international coaching career in 1988 as a scout coach for the U.S. National "A" Team. In December of 1998, he was appointed as head coach of the U.S. National "B" Team, a position he held until early 1991. In March of 1991, he was named the assistant coach of the U.S. Olympic Team. He helped the U.S. squad capture gold at the 1991 World Cup and a fourth-place finish at the 1992 Olympics in Barcelona.

In 1980, while a student-athlete at Stanford, Tanner became involved with coaching when he served as the head coach at Menlo-Atherton High School for one season. He then coached Menlo School for the 1983 season. In 1984, he served as an assistant coach for the Stanford men's water polo team under his former coach Dante Dettamanti, when the team advanced to the NCAA title match and finished the year with a 25-5 mark.

Following the 1984 season, Tanner was hired as the head coach of the men's water polo team at the University of the Pacific in Stockton, California. In 1988, he was named the school's Director of Aquatics and the head coach of the men's swimming program, holding all three titles until his appointment at Stanford in 1996. His teams finished in the top 15 in the nation all of his 12 years and in the top-10 each of his last 10 years. He captured Big West Conference Coach-of-the-Year honors in 1991, and in 1993 his squad finished fifth at the NCAA Championships.

As the men's swimming coach at Pacific, he led the Tigers to a top-20 finish at the NCAA Tournament and coached Brad Schumacher, Pacific's first and only Olympic gold medalist in any sport. Tanner served as Schumacher's coach at the 1996 Summer Olympics in Atlanta, where he earned two gold medals as a member of the U.S. 4x100-meter and 4x200-meter free relay teams.

Originally recruited from Menlo-Atherton High School to swim at Stanford, Tanner instead played on the water polo team his freshman year, beginning a career (1978-82) that spanned three national championships and culminated in All-America honors his senior year. Tanner, a left-handed driver, started for the Cardinal in 1981 and helped lead Stanford to a perfect 31-0 record and its fourth national crown. The undefeated season was only the second in NCAA water polo history. Tanner ranked sixth on the team in goals in 1981, with 27, and was named All-America Honorable Mention. In 1982, he finished his career with a 48-goal performance, tying for second on the squad, and helped lead the Cardinal to a 27-5 record and its third-straight NCAA championship match appearance. Tanner was named to the NCAA All-Tournament Team, and, for his efforts throughout the season, earned All-America honors. He graduated in December 1982 with a bachelor's degree in political science.

In addition to coaching, Tanner has been a prominent member of several committees with United States Water Polo. He has served on the men's and women's National Team Head Coach Selection Committees, the Men's International/Olympic Committee and the National Coaches Committee. Tanner is also a member of the American Water Polo Coaches Association and United States Water Polo, Inc.





COACHING STAFF

SUSAN ORTWEIN

Associate Head Coach

**UC Santa Barbara (1990)
14th Season**



Susan Ortwein begins her 14th year on The Farm and first as associate head coach for the Stanford women's water polo program. In her 13 years on The Farm, Ortwein has coached the Cardinal to a 323-55 overall record, an NCAA Championship title, six NCAA runner-up finishes, and four MPSF Championship titles.

In the fall of 2010, Ortwein was named Stanford women's water polo's associate head coach after serving as assistant coach for the previous 13 years.

Last season she helped guide the Cardinal to a 26-3 overall mark and a perfect 7-0 record in MPSF play, only Stanford's second perfect MPSF season and first since 2002. Ortwein also helped Stanford reach the title game of the National Collegiate Championship for the seventh time.

In her first year, the Cardinal went 29-6 on its way to a No. 2 national ranking and a third-place finish at Collegiate Nationals. In 1999, Stanford turned in a 25-6 season and concluded the year with second place at the National Collegiate Championship game after falling to USC 7-6 in five overtimes. In 2000, Stanford finished with a third-place finish at Collegiate National Championship and a 28-5 record. In 2001, the Cardinal finished with its best record in school history at 27-1 and became the first-ever collegiate team to remain undefeated during the regular season. In 2002, the Cardinal posted a 23-2 record en route to its first-ever NCAA Championship. During the 2003 season, Stanford posted the program's third runner-up finish at the NCAA Championship, earning a 21-3 overall record. The Cardinal took third at the NCAA Tournament in 2004, placing second at the MPSF Tournament and completing a 19-5 overall record. In 2005, the team posted a 21-7 record and a NCAA runner-up finish, while in 2006, the Cardinal finished with an overall mark of 24-5 and third-place national finish. Stanford would go on to capture the MPSF regular season championship and a second-place finish at the NCAA Championship in 2007 before claiming third-place national finishes in both 2008 and 2009.

Ortwein has primary responsibility for coaching Cardinal goalkeepers and two-meter players. Last season, two-meter players Melissa Seidemann (Second Team) and Annika Dries (Third Team) earned All-America nods, as did goalie Amber Oland (Second Team). In 2009, converted two-meter Jacquelyn Gauthier earned second-team All-America honors while freshman goalkeeper Amber Oland was named to the All-America Third Team and also took home the MPSF Newcomer of the Year award. In 2007, two-meter player Christina Hewko and goalie Meridith McColl were named All-Americans for the second-straight season, and both received a third All-MPSF honor. In 2003, goalkeeper Jackie Frank was named NCAA Player of the Year and MPSF Goalie of the Year for the second consecutive season. Two-meter player Julie Gardner earned First-Team All-America and MPSF All-Conference honors that year as well.

As head coach of the Stanford Water Polo Foundation, Ortwein coached the team to numerous top finishes at major tournaments. Recently, she has led Stanford's club teams to a second-place finish at the 2010 Senior National Tournament, while in 2009 Stanford swept the Senior National and 20-and-under titles. Stanford took third at the 2008 Senior Nationals, and in 2007 guided the program to its third National Championship, marking back-to-back 20-and-Under national titles for the squad. She also helmed the senior team to a fourth-place finish at the Senior Nationals as well. Stanford athletes garnered honors in the tournaments, with Kira Hillman being named the MVP of the 20/U tournament, Kelly Eaton earning All-American nods in both the 20/U and



Senior National tournaments, and Jackie Gauthier being named a Senior Nationals All-American. Alex Koran and Heather West also competed for both Stanford squads. In 2003, the team won its first National Championship in Mission Viejo, Calif., led by former Cardinal players Laurel Champion, Lauren Faust and Kate Pettit. In 2004, the Stanford club team earned second-place at Senior Nationals, where recent alum Kely Luber was honored as Tournament MVP and alums Hannah Luber and Nancy El-Sakkary were named All-Americans. At the 2004 Junior Nationals, the Stanford club team placed fourth, and also boasted the honor of having four players named to the All-Tournament team. During the summer of 2005, Ortwein's squad placed sixth at the USA Water Polo Championships and team member Christina Hewko earned Honorable Mention All-American honors.

On the international level, Ortwein was named assistant coach of the U.S. Senior National "B" Team in July 2010. Ortwein will serve on the coaching staff of the squad as it prepares for the 2011 World University Games in Shenzhen, China.

In 1998, Ortwein served as assistant coach of the U.S. Senior National Team. In addition to her responsibilities at Stanford, she helped to prepare the U.S. women for the 2000 Olympic qualifying tournament in Italy. The 2000 Summer Olympics in Sydney, where the U.S. won the silver medal, marked the first time women's water polo had been in the Olympic games.

Ortwein, a former collegiate water polo and swimming standout, came to The Farm from the University of the Pacific, where she spent two years at the helm of the Tiger women's water polo program.

At Pacific in 1996, Ortwein became the head coach of the school's first women's water polo team. Successful in establishing a competitive program, she completed her final year (1997) by guiding the Tigers to a 10-14 record, doubling the win total of the inaugural campaign, and establishing Pacific's place among the nation's top competitors.

Ortwein's coaching career began at her alma mater, UC Santa Barbara. She served as a graduate assistant coach for the Gauchos swim team in 1990-91 and as a women's water polo assistant in 1992-93.

In college, Ortwein was one of the top water polo players in UCSB history. A four-time All-American, she was instrumental in two Gauchos national championships (1987 and 1989) and one runner-up finish (1988). She was also an accomplished swimmer, helping UCSB to the Big West Conference title all four years.

She continued her water polo career with the U.S. National Team upon graduation. A national team member in 1991-92, she helped lead the U.S. to a third-place finish at the 1991 FINA World Cup.

Ortwein, a San Diego native, earned a bachelor's degree in sociology from UC Santa Barbara in 1990 and a master's degree in sport science in 1997 from Pacific.





KYLE UTSUMI

Volunteer Assistant Coach

**Stanford (1995)
Fourth Year**



Kyle Utsumi begins his fourth season with the women's water polo program as a volunteer assistant coach in 2011.

Utsumi has helped guide the Cardinal to a combined record of 79-12 as well as to an MPSF mark of 24-2 in his first three seasons on The Farm. Over that time, the Cardinal turned in a runner-up national finish in 2010 following third-place finishes the previous two seasons.

During the 2008 Olympics, Utsumi served as the videographer for the U.S. Water Polo Olympic Team staff, as both the men's and women's teams captured silver medals in Beijing.

Utsumi has served as the head coach of the U.S. Junior National Team since 2004, and prior to that helmed the Youth National Team from 2001-03. His success coaching at the junior level includes gold medals at the 2004 Jr. Pan-American Games in San Salvador, El Salvador, and at the 2005 Jr. World Championships in Perth, Australia. He was also named the USWP Women's Elite Coach of the Year in 2004. The 2009 Junior National Team featuring Cardinal standouts Kate Baldoni and Annika Dries finished third at the World Championships in Russia, while in 2007, with Stanford players Kim Krueger, Amber Oland, Lauren



Silver, and Jessica Steffens on the roster, the squad finished fourth at the World Championships in Porto, Portugal.

Utsumi also served as head coach of the Menlo School girls water polo team, which he led to nine league and three Central Coast Section titles in his nine years at the helm.

He began his coaching career in 1993 and still coaches with the Stanford Water Polo Foundation club, where he has coached every age group over that time and was instrumental in starting both the boys and girls 14-under programs.

Utsumi, who played at Stanford under head coach Dante Dettamanti in 1991, graduated in 1995 with a bachelor's degree in economics, and in 1996 also earned his master's in sociology from Stanford.



Jesse Free
Athletic Trainer



Brandon Marcello, PhD
Sports Performance Coach



Aaron Juarez
Athletic Communications and Media Relations



Earl Koberlein
Senior Assoc. A.D., External Relations/ Water Polo Sport Administrator





PLAYER PROFILES

KATE BALDONI

Goalkeeper

Sophomore
5-10
Newport Beach, CA
Corona del Mar

1



Summer 2010: Played and trained with U.S. Junior National Team in Four Nations Tournament, helping lead team to gold medal ... trained with Stanford Club, competing at 20 Under and Open national championships ... was named first-team All-America at Open Nationals ... spent time in Lake Tahoe, going wakeboarding, jet-skiing and tubing.

As A Freshman In 2010: Saw action in 19 games, making 81 saves for an average of 4.26 per game ... was named MPSF Newcomer of the Week on Feb. 22 ... made her collegiate debut with six saves in the second half of opening-day victory over UCSB (1/30) ... made first start against Pacific at the NorCal Invitational (1/31), making four saves ... made 10 saves in Stanford Invitational win over San Jose State (2/7) ... made three saves in UCI Invitational win over UC San Diego (2/27) ... stopped five shots and allowed just two goals in second half against USC (2/28) ... made six saves in relief effort against San Diego State (3/5) ... started and made seven saves while not allowing a goal in first half against CS Bakersfield (3/7) ... started MPSF quarterfinal against Arizona State, making nine saves and allowing just five goals in 10-5 win (4/30) ... started National Collegiate quarterfinal win over Pomona-Pitzer, stopping five shots and allowing just two goals (5/14).

High School: A 2009 graduate of Corona del Mar High School in Corona del Mar, Calif. ... competed for the swimming and water polo teams ... captained the water polo team as a senior ... won four straight Pacific Coast League titles at CdMHS ... helped lead team to CIF Southern Section Division II title in 2006 and to Division I runner-up finishes in 2008-09 ... named *Daily Pilot* Dream Team Co-Player of the Year as a junior ... named to CIF Southern Section Division I First Team in 2008 and 2009 ... won or shared Pacific Coast League MVP honors as a junior and senior ... named *Orange County Register* All-County Team in 2009 ... earned spot on *Daily Pilot* Dream Team as a senior ... played club for Corona del Mar from 2006-08, and for SET in 2009 ... competed with U.S. Junior National Team at Born in '90 Global Championships in Brisbane, Australia in 2008, where team won gold medal ... was named Most Valuable Goalie ... helped team to bronze medal at Junior World Championships in Khanty-Mansiysk, Russia in 2009.

Personal: Born in Fountain Valley, Calif. ... parents names are Rudy and Mary ... has one older brother, RJ, who played water polo at UC Irvine ... hobbies include traveling and going to concerts ... major is undeclared.

Favorite Stanford Memory: "My favorite Stanford memory would have to be when Cassie picked up the microphone that was set up like it is for games and began singing the national anthem for everyone on the pool deck to hear. Not only did she sing the whole song, she also tried singing it in her worst voice possible. She got a huge round of applause after her performance and I could not stop laughing!"

CASSIE CHURNSIDE

Driver

Junior
5-8
Orange, CA
Villa Park

11



Summer 2010: Played for Stanford Water Polo Club, helping team to runner-up finish at open nationals and fifth-place finish at 20 Unders ... named second-team All-America at open nationals ... coached 12 Under Stanford club team.

As A Sophomore In 2010: Scored 18 goals, ranking eighth on the team ... netted a goal in championship final of the Stanford Invitational against California (2/7) ... scored twice in each of first two games of UCI Invitational (2/27) ... scored a goal in victories over San Diego State (3/5) and UC Irvine (3/6) ... added a pair of goals in win over CS Bakersfield (3/7) ... scored two more in 9-1 win at Long Beach State (3/28) ... added a goal in MPSF Tournament third-place game win over California (5/2) ... scored a goal in each of Stanford's three games at the National Collegiate Championship in mid-May.

As A Freshman In 2009: Scored 13 goals ... posted three hat tricks ... scored three goals in 15-14 win against Arizona State at Stanford Invitational (2/8) ... posted her second hat trick in 19-4 win over UC Santa Cruz (2/14) ... added a goal in win over Harvard (3/21) ... scored three times in National Collegiate Championship quarterfinal victory over Marist (5/8).

High School: A 2008 graduate of Villa Park High School in Villa Park, Calif. ... competed for the swimming and water polo teams all four years ... captained the water polo team in her junior and senior seasons ... was a four-time All-American in water polo, the first VPHS player to accomplish the feat ... finished her career as VPHS' all-time leading goal-scorer ... helped lead team to Century League titles in all four seasons ... team reached the CIF Southern Section Semifinals in 2005, 2007 and 2008, and reached the final in 2006 ... took home Century League MVP honors in 2005, 2007 and 2008 ... helped swim team to four league titles ... was part of the U.S. Youth National Team from 2005-07, and played on teams that won the gold at the 2006 Pan-American Junior Games in Montreal and went undefeated in youth tournament action in Sydney, Australia in 2007 ... played club water polo for Breakers in 2005 and SET from 2007-08 ... helped her SET team reach the championship game of the Open Tournament at the U.S. Water Polo Top 40 Festival in 2007 ... also competed at the Top 40 Festival in 2008.

Personal: Born in Orange, Calif. ... parents' names are Joe and Becky ... has an older brother, Alex, who currently plays water polo at the U.S. Air Force Academy, and a younger brother named Ben ... enjoys watching the TV shows "South Park" and "The Office" as well as music, hanging out with friends and Anaheim Ducks hockey ... has plans to study pre-med with an eye on a career as a dermatologist or psychologist.

Favorite Stanford Memory: "Winning the Irvine Tourny in February [2009]. Finding out I actually passed chemistry. And ballin' it up Cynthia Barboza-style during volleyball before our wonderful hike!"





MONICA COUGHLAN

2-Meter Defense

Junior
5-8
Moraga, CA
Campolindo

12



Summer 2010: Played for Stanford Water Polo Club, helping team to runner-up finish at open nationals and fifth-place finish at 20 Unders ... did research in a biology lab at Stanford.

As A Sophomore In 2010: Earned NCAA Elite 88 Award at National Collegiate Championships in May, given to the athlete competing at an NCAA Championship with the highest grade-point average ... named to MPSF All-Academic List ... scored four goals ... added a goal in Stanford's 19-8 win over Pacific at NorCal Invitational (1/31) ... netted a pair of goals in UCI Invitational-opening win against UC San Diego (2/27) ... scored a key goal in 7-6 win over USC on Senior Day (4/24).

Summer 2009: Played for Stanford Club Water Polo ... won titles at the 20/U and senior national championships ... named to All-America First Team at senior nationals.

As A Freshman In 2009: Scored three goals ... scored first goal of the season in 19-4 rout of UC Santa Cruz (2/14) ... added a goal in Irvine Invitational title game victory over USC (2/22) ... scored once in victory over Harvard (3/21).

High School: A 2008 graduate of Campolindo High School in Moraga, Calif. ... competed for the swimming and water polo teams all four years ... captained the water polo team in 2007 ... helped team to North Coast Section semifinal appearances in 2004, 2006 and 2007 ... named a High School All-American as a senior ... earned spot on *Contra Costa Times* All-East Bay Water Polo Team ... was named first-team All-NCS in 2006 and 2007 ... earned DFAL First Team honors as a junior and senior ... took home team MVP honors in 2006 and 2007 ... named CHS' 2008 Female Scholar-Athlete of the Year ... played club water polo for Lamorinda Golden Bear Water Polo Club from 2004-07 before playing for Stanford Water Polo Club in 2008.

Personal: Born in Walnut Creek, Calif. ... parents names are John and Margaret ... mother rowed at Loyola Marymount ... has three older siblings, Brian, Mark and Claire ... Brian was a member of the swim team at Notre Dame ... majoring in biology.

Favorite Stanford Memory: "One night during the MPSF Tournament in Hawai'i, part of our team went to a restaurant where we were invited up in front of the entire restaurant to learn the hula. We were so good that we got a standing ovation."



KALEY DODSON

Driver

Freshman
5-11
Seal Beach, CA
Los Alamitos

18



High School: A 2010 graduate of Los Alamitos High School in Los Alamitos, Calif. ... competed for the swimming and water polo teams all four years ... captained the water polo and swimming teams in her junior and senior seasons ... helped lead team to CIF Southern Section semifinals as a senior ... swim team won Sunset League title in 2007 ... named to CIF Southern Section First Team three times (2008-10) ... named Sunset League Co-Player of the Year as a senior ... first-team All-Sunset League as a junior and senior ... named All-America in swimming all four years ... as of graduation, held LAHS records for 50-yard freestyle and 200-yard freestyle, 400-yard freestyle and 200-yard individual medley relays ... competed for Huntington Beach Water Polo Club from 2006-10 and for SoCal WPC in summer of 2010 ... member of U.S. Junior National Team ... competed at the Global Championships in 2008, Junior Worlds in Russia in 2009 and Four Nations Tournament in 2010.

Personal: Born in Long Beach, Calif. ... parents' names are Keith and Claudia ... father sailed at Long Beach State and participated in the U.S. Olympic trials in 1992 and 1996 ... mother played water polo and swam at UC San Diego ... an uncle, John O'Brien, played water polo at UC Irvine and was NCAA co-player of the year in 1982 ... enjoys sailing and trying new foods ... major is undeclared.

Why I Chose Stanford: "Choosing a college is obviously not an easy decision for anyone. When I was choosing where I would attend, I looked to the academic side of Stanford. It was this side that made my decision much easier. Here at Stanford, there are seemingly endless opportunities to help me find my passions outside of water polo and help me prepare for life after college. I chose Stanford largely because of the ample undergraduate resources available and, of course, because of the combination of stellar athletics and academics."



PLAYER PROFILES

ANNIKA DRIES

2-Meter Offense

Sophomore
6-1
Laguna Beach, CA
Laguna Beach

20



Summer 2010: Played for U.S. Senior National Team, helping the U.S. to gold medals at the World Super League Finals in La Jolla, Calif. and at the FINA World Cup in Christchurch, N.Z.

As A Freshman In 2010: Selected to ACWPC All-America Third Team ... named to All-National Collegiate Championship Second Team ... earned spots on both the All-MPSF Third Team and All-Freshman Team ... two-time MPSF Newcomer of the Week (Feb. 11 and April 12) ... tied for third on the team with 35 goals ... made her collegiate debut with four goals against UCSB at NorCal Invitational (1/30) ... scored twice in win over Pacific (1/31) ... posted pair of hat tricks at Stanford Invitational, in wins over Michigan (2/6) and San Jose State (2/7), respectively ... scored a goal in three of four UCI Invitational games ... posted a hat trick in win over San Diego State (3/5) ... added a goal in 11-6 win at UCLA (3/27) ... scored twice in 9-1 win at Long Beach State (3/28) ... added a hat trick in road win at Hawai'i (4/11) ... scored a goal in 8-7 Big Splash win over California (4/17) ... scored twice in MPSF quarterfinal win over Arizona State (4/30) and third-place game win over California (5/2) ... netted a pair of goals in National Collegiate Championship opening win over Pomona Pitzer (5/14) ... added a goal in NCAA championship game loss to USC (5/16).



High School: A 2009 graduate of Laguna Beach High School in Laguna Beach, Calif. ... competed for the swimming and water polo teams all four years ... captained the water polo and swimming teams in her junior and senior seasons ... helped lead team to CIF Southern Section Division II title as a senior, and semifinal appearances from 2007-08 ... named CIF Southern Section Division II MVP as a senior, to the first team as a junior, and to the second team as a sophomore ... three-time *Orange County Register* All-County selection, and named MVP in 2009 ... named Orange Coast League MVP as a senior ... holds the school's 50-yard freestyle record ... played club for SET from 2006-09 ... named Junior Olympics All-American in 2007 and 2008 ... helped team to runner-up efforts at the Top 40 Tournament (2006) and national club championships (2009) ... team won 20/U national title in 2008 ... has played for the U.S. Junior National Team since 2006 ... made debut at the Junior Pan-Am Games in Montreal, Canada in 2006 ... was also a member of the Olympic Scout Team in 2008 that trained with the 2008 Olympic Team.

Personal: Born in San Diego, Calif. ... parents' names are Eric Dries and Pamela Madsen ... enjoys playing the piano ... plans to major in human biology.

Favorite Stanford Memory: "Our Senior Day game last year we played USC and beat them in overtime. It was such an exciting and dramatic game. But, what was even more fun was the team dinner we had afterwards. Although we formally recognized the seniors at the game, at the end of the dinner, we serenaded them with a revised chorus of 'Can't Take my Eyes Off of You' and a funny rap. Everyone was in tears by the end from laughing so hard!"

VEE DUNLEVIE

Driver

Sophomore
5-8
Atherton, CA
Sacred Heart Prep

6



Summer 2010: Played for Stanford Water Polo Club at the 20 Under nationals, where the team finished fifth ... traveled with family.

As A Freshman In 2010: Scored 12 goals ... added two goals in 19-8 win over Pacific at NorCal Invitational (1/31) ... scored twice in win over Sonoma State (2/13) ... netted a goal in each of first two games at UCI Invitational, against UC San Diego and Arizona State (2/27) ... posted a hat trick in win against CS Bakersfield (3/7) ... scored in MPSF quarterfinal win over Arizona State (4/30) ... added a goal in National Collegiate Championship quarterfinal (5/14).

High School: A 2009 graduate of Sacred Heart Prep in Atherton, Calif. ... competed for the swimming and water polo teams ... captained the water polo and swimming teams as a senior ... helped team to four West Catholic Athletic League titles ... led team to Central Coast Section runner-up finish in 2006 and then to consecutive CCS titles in 2007-08 ... named CCS Division II Player of the Year and *Palo Alto Daily News* Player of the Year as a senior ... earned a spot on the NISCA All-America First Team in 2008 ... named MVP of the 2008 CCS Division II Senior All-Star Team ... two-time All-CIF Central Coast Section Division II First Team (2007-08) ... twice named to the All-WCAL First Team (2007-08) ... led WCAL in scoring as a senior ... plays club for Stanford Water Polo Club (2004-09) ... won gold medals with the club at the 20/U and senior national championships in 2009 ... won bronze at the Junior Olympics in 2006 and 2007 ... named to All-America First Team at Junior Olympics in 2006 and 2008.

Personal: Born in Stanford, Calif. ... parents names are Bruce and Elizabeth ... has three siblings, Jane, Alex and Robert ... plans to major in English with a minor in history ... hobbies include playing tennis, card games and traveling.

Favorite Stanford Memory: "My favorite memory at Stanford so far was one of our first team dinners at the Steffens' house last year. Mr. Steffens made a huge Puerto Rican feast for everyone on the largest paella dish I have ever seen in my life. The food was great and it was fun to be around the entire team and all of our families."





JILLIAN GARTON

Driver

Sophomore
5-10
Granite Bay, CA
Granite Bay

5



Summer 2010: Played for Stanford Water Polo Club, helping the team to runner-up finish at open nationals and a fifth-place finish at 20/Us ... named second-team All-America at 20Us ... traveled to Wisconsin and Colorado.

As A Freshman In 2010: Scored five goals ... netted first collegiate goal in win over CSUMB (1/31) ... posted a pair of goals in win over Sonoma State (2/13) ... scored in MPSF quarterfinal win over Arizona State (4/30) ... added a goal in National Collegiate Championship quarterfinal against Pomona-Pitzer (5/14).

High School: A 2009 graduate of Granite Bay High School in Granite Bay, Calif. ... competed for the swimming and water polo teams ... captained the water polo team as a junior and senior ... led team to four league titles ... named league and team MVP in 2007 and 2008 ... all-time GBHS scoring leader with 432 career goals as well as 185 goals in a single season ... holds section and GBHS records for the 400-yard freestyle relay as well as school records for the 200-yard medley relay and 200-yard freestyle relay ... also named swim team MVP in 2007 ... played club for American River Water Polo Club ... was named Best Defensive Player in 2007 ... has trained with the U.S. Junior National Team.

Personal: Born in Sacramento, Calif. ... parents names are Michael and Donna ... has two older siblings, Jessie and J.J. ... J.J. is a former All-American water polo player at Stanford, while Jessie played water polo at Princeton ... major is undeclared ... enjoys playing golf, bowling, snowboarding and water skiing.

Why I Chose Stanford: "I grew up in Palo Alto and it's an understatement to say that Stanford impacted my life almost on a daily basis! The outstanding academics, athletics and the aura of excellence cannot be recreated anywhere else – there are no comparisons that I know of. I love the diversity of the student body and the scope of interests. It's pretty amazing. I'm as excited today, if not more, as I was when I first decided to choose Stanford. I have never doubted my choice."



KIM HALL

Goalie

Senior
5-10
Kaneohe, HI
Punahou

1



Summer 2010: Took physics classes at University of Hawai'i ... played for Hawaiian Islands Water Polo Club ... played with a Hawaii Master's water polo team and in an ocean water polo tournament.

As A Junior In 2010: Played in six games, making 18 saves ... made first start in win over CSUMB, stopping five shots, then playing in relief in afternoon win over Pacific (1/31) ... made second start against Sonoma State, playing two periods and making three saves in Stanford win (2/13) ... appeared in relief in both wins on first day of UCI Invitational, making a combined three saves (2/27) ... made four saves in relief effort against CS Bakersfield (3/7).

As a Sophomore in 2009: Saw action in 15 games, starting eight ... averaged 4.67 saves per game and allowed just 3.80 goals per game ... made first start against Indiana at Stanford Invitational, stopping four shots and allowing just two goals in 11-2 win (2/7) ... made 12 saves in doubleheader sweep of Sonoma State and UC Santa Cruz (2/14) ... stopped five shots in 16-6 win over UC San Diego at Irvine Invitational (2/21) ... allowed just three goals and stopped seven shots in 18-3 win over CS Bakersfield (3/8) ... stopped seven shots and allowed just two goals against Harvard (3/21) ... again made seven saves in 11-5 win at UC San Diego (3/24) ... stopped five shots over two-plus periods of work in win over Marist at the National Collegiate Championship (5/8).

Summer 2008: Played with Hawaiian Islands Water Polo Club and participated in the Hawai'ian Invitational water polo tournament ... coached water polo and taught swimming lessons.

As a Freshman in 2008: Saw action in 14 games, starting three ... averaged 3.21 saves per game and allowed just 2.64 goals per game over her 14 appearances ... made two saves in collegiate debut against Santa Clara (2/3) ... made two saves again, this time against Arizona State at Stanford Invitational (2/9) ... started first collegiate game, allowing just two goals and stopping four shots in win over Pacific (2/16) ... made season-high eight saves in 11-5 win over Pomona-Pitzer (3/9) ... started against Claremont-Mudd-Scripps, making seven saves and allowing just four goals in 15-4 win ... stopped five shots in relief against Brown (3/29) ... made six saves in relief against Marist at the National Collegiate Championship (5/9) ... earned a spot on ACWPC Academic All-America list.

High School: A 2007 graduate of Punahou High School in Honolulu ... competed for the swimming and water polo teams ... captained both squads as a senior ... a first-team all-league water polo player as a junior and senior ... named an all-league swimmer as a senior ... posted a top-10 time in the 50-meter freestyle as well as a top-15 time in the 100-meter freestyle.

Personal: Born in Honolulu, Hawaii ... daughter of Warren and Mira Hall ... has one brother, Sean ... enjoys going to the beach, camping, hiking, and surfing ... majoring in biology ... professional goals include becoming an orthopedic surgeon.

Favorite Stanford Memory: "My favorite Stanford memory would have to be watching the Stanford men's volleyball team win the national championship in 2010. I know a good number of the guys and have known a couple of them all my life. I went to every home game since freshman year, even though back then they only had a few fans and they were going through a losing season. Watching some of my closest friends win a national championship, at home, in front of thousands of people, having watched them grow over the years, was absolutely incredible."



PLAYER PROFILES

VICTORIA KENNEDY

Driver

Sophomore
6-0

Newport Beach, CA
Corona del Mar

9



Summer 2010: Played for Stanford Water Polo Club, helping team to runner-up finish at open nationals and fifth-place finish at 20 Unders ... named to All-America Second Team at open nationals.

As A Freshman In 2010: Named MPSF Newcomer of the Week on Feb. 15 ... scored 10 goals ... netted her first goal in season-opening win over UCSB (1/30) ... scored four goals total at the NorCal Invitational, including two against CSUMB (1/31) ... posted a hat trick in win over Sonoma State (2/13) ... scored in opening win of UCI Invitational against UC San Diego (2/27).

High School: A 2009 graduate of Corona del Mar High School in Corona del Mar, Calif. ... helped lead team to CIF Southern Section Division II title in 2006, and two section runner-up finishes as a junior and senior ... played club for Corona del Mar from 2006-09.

Personal: Born in San Marino, Calif. ... parents names are Raymond and Elizabeth ... has two younger siblings, George and Grace ... plans to major in religious studies ... hobbies include playing the violin and guitar, reading, talking to friends, researching and writing.

Favorite Stanford Memory: "Going to San Diego to play in the NCAA's with the team! Exploring the town and beach with the team was fun, but what was more meaningful was being at NCAA's. Participating in a tournament of that importance and prestige was an exciting experience I will never forget"

KIM KRUEGER

Driver

Senior
5-10

Los Altos Hills, CA
Menlo School

7



Summer 2010: Played and coached for Stanford Water Polo Club ... named first-team All-America while leading team to runner-up finish at open nationals ... worked as a research and content development intern for Thrive Research ... spent some time contemplating life after Stanford towards the end of the summer, but ultimately made no progress.

As a Junior in 2010: Earned spot on All-National Collegiate Championship Second Team ... named to MPSF All-Academic List ... was fifth on the team with a career-high 30 goals ... opened season with two goals in wins over UCSB (1/30) and Pacific (1/31) at the NorCal Invitational ... added a goal in victory over USC at Stanford Invitational (2/6) ... scored three times over semifinal and championships games at Stanford Invitational (2/7) ... added a pair of goals to UCI Invitational semifinal win over UCLA (2/28) ... netted two goals in 12-6 win over Arizona State (3/21) ... scored two more in 9-1 win at Long Beach State (3/28) ... led team with two goals in 8-7 Big Splash win against California (4/17) ... scored in 7-6 overtime win over USC (4/24) ... scored five goals at National Collegiate Championship, including two in championship game against USC (5/16).

Summer 2009: Played on championship 20/U and Open teams ... coached 14/U at the Junior Olympics ... went glass blowing in Austin, Texas and to a L'il Wayne concert.

As a Sophomore in 2009: Named APWPC Academic All-American and to MPSF All-Academic Team ... scored 21 goals ... posted four multi-goal games ... scored twice in season-opening win at Santa Clara ... added another pair of goals in 15-14 win over Arizona State at the Stanford Invitational (2/8) ... scored twice in 19-4 win over UC Santa Cruz ... posted a pair of goals in 11-10 victory over Hawai'i in Irvine Invitational semifinal ... scored a goal in Irvine Invitational title game victory over USC ... scored in three straight games from March 28-April 18 ... scored a goal in each game at the National Collegiate Championship from May 8-10.



Summer 2008: Played water polo for the Stanford Club team that placed third at Nationals ... was named to the all-tournament teams for Nationals and 20/U Nationals ... made the Senior National "B" team for Global Championship tournament ... coached the Stanford club 16/U "B" team at Junior Olympics with teammate Kelsey Holshouser, and led them to a successful tournament ... traveled, including playing a surfboard water polo tournament in Honolulu, visiting the Whole Foods mother-store in Austin, Texas, and going to the USC-Ohio State football game at the Los Angeles Coliseum.

As a Freshman in 2008: Named to MPSF All-Freshman Team ... netted 19 goals on the season to lead all Stanford freshmen ... had one hat trick and posted five multi-goal games ... opened collegiate career with hat trick in season opener against Santa Clara (2/3) ... added single goals in wins over UC San Diego (2/23) and San Jose State (2/23) at Irvine Invitational ... scored twice in 12-9 win over San Diego State (3/1) ... tallied pair of goals in 10-4 win over UC Irvine (4/13) ... scored in third-place game win over Hawai'i at MPSF Tournament (4/27) ... scored two goals at the National Collegiate Championship, netting one against both Marist (5/9) and UC Davis (5/11) ... earned a spot on ACWPC Academic All-America list.

High School: A 2007 graduate of the Menlo School in Atherton, Calif. ... competed for the swimming and water polo teams ... captained the water polo team as a senior ... named Menlo School Female Athlete of the Year in 2007 ... was twice named to the All-PAL First Team, in 2006 and '07 ... four-time All-PAL First Team selection in swimming ... named to All-Central Coast Section First Team as a senior ... named to CCS All-Star Game, where she took home MVP honors ... helped lead team to three CCS titles from 2004-06 ... named to the Pacific Zone All-Star team in 2007 ... a two-time second-team All-American ... also a two-time Academic All-American ... in summer of 2006, helped U.S. Youth team to Junior Pan-American Games title ... in swimming, finished in the CCS Top 16 three times ... competed with the Junior National Team at the Junior World Championships in Porto, Portugal in the summer of 2007.

Personal: Born in Stanford, and grew up in Honolulu, Hawai'i ... parents names are Mike and Marcia ... has one sibling, Kelly ... also has a pet mini-dachshund named Kimo ... enjoys reading, glass blowing, playing tennis, Michael Jackson music and college football ... hopes one day to become NFL Commissioner.

Favorite Stanford Memory: Saturday, Oct. 6, 2007. I am on a train coming back from my freshman dorm scavenger hunt in the city. Stanford football is playing USC in the Coliseum. My mom texts me, '1st down on USC 10 yd line, 2 min left.' I read the text aloud and freshmen all around me stare in disbelief. One boy even ventures so far as to tell me I'm wrong, that we must be on our own ten-yard line, I quickly put him in his place. At this point, I call my mom and before I know it, I am standing in the middle of the train car relaying the play-by-play of our epic last minute win over USC. The impromptu broadcast ends when Bo McNally intercepts Booty's pass with 23 seconds left. The train pulls into the station and it is a sprint down Campus Drive, screaming and cheering as cars honk at us. I grab all my friends and head to greet the team at Maples. I shove my way to the buses and high-five as many football players as I can. I have never been so excited, had so much fun, or felt more connected with my classmates than when Stanford beat USC, 24-23.





ALEXIS LEE

Driver

Sophomore
5-7
Ventura, CA
Ventura

8



Summer 2010: Played for Stanford Water Polo Club, helping team to runner-up finish at open nationals and fifth-place finish at 20 Unders ... was a Stanford Water Polo camp counselor ... helped coach 11 Under Stanford junior polo team ... took an organic chemistry class ... traveled with family.

As a Freshman in 2010: Scored five goals ... posted her first collegiate hat trick in 16-2 win over CSUMB at the NorCal Invitational (1/31) ... added a goal in win over Sonoma State (2/13) ... scored in victory over CS Bakersfield (3/7).

High School: A 2009 graduate of Ventura High School in Ventura, Calif. ... competed for the water polo and swimming teams all four years ... captained the water polo team for two years and the swimming team for three ... named to the All-Ventura County First Team as a sophomore, junior and senior ... named Ventura County Player of the Year as a senior ... earned team MVP honors in each of her final three years ... holds school records for most career goals, assists, steals and ejections drawn ... holds the VHS records in the 4x100-yard and 4x50-yard freestyles relays ... played club for Ventura Coast from 2005-07 and then for Santa Barbara Water Polo Club from 2007-09 ... helped Santa Barbara squad to runner-up finish at Junior Nationals ... named tournament MVP in 2006, 2008 and 2009.

Personal: Born in Pasadena, Calif. ... parents names are Kee and Jill ... has one younger sibling, Bryan ... plans to major in human biology ... enjoys hanging out at the beach and playing ultimate Frisbee.

Favorite Stanford Memory: "My favorite Stanford memory so far is last year when my class performed the 'half-time show' at the men's game against UCSB. I had so much fun learning our dance and synchronized swimming routine to MC Hammer's 'Can't Touch This'. It's definitely an experience that will remain fresh in my memory for a long time."



ALYSSA LO

Driver

Junior
5-7
San Anselmo, CA
Sir Francis Drake

4



Summer 2010: Played with Stanford Water Polo Club at 20 Under and Open Nationals ... was named All-America honorable mention at 20Us ... was head counselor at Stanford water polo camps ... took an organic chemistry course at Santa Clara University ... shadowed ER doctor and a general surgeon at UCSF.

As a Sophomore in 2010: Named to MPSF All-Academic List ... scored 22 goals ... posted a hat trick against Pacific at NorCal Invitational (1/31) ... scored four times in second-round win over Arizona State at UCI Invitational (2/27) ... tallied a pair of goals in win over UC Irvine (3/6) ... scored twice in win at UC Davis (3/7) ... netted a pair in National Collegiate Championship quarterfinal win over Pomona-Pitzer (5/14) ... scored in title game loss to USC (5/16).

Summer 2009: Played with Stanford Water Polo Club, winning 20/U and senior national championships ... was a counselor for Stanford Water Polo Camps ... took a summer course on human physiology.

As a Freshman in 2009: Scored 19 goals ... had a hat trick among her six multi-goal games ... scored twice in season-opening win at Santa Clara (1/29) ... posted her first collegiate hat trick in 16-6 win over UC San Diego at the Irvine Invitational (2/21) ... had three straight two-goal games from March 8-21 (against UC Davis, CS Bakersfield and Harvard) ... netted a pair in 13-6 MPSF Tournament quarterfinal win over San Diego State (4/24).

High School: A 2008 graduate of Sir Francis Drake High School in San Anselmo, Calif. ... competed for the swimming and water polo teams all four years ... captained the water polo team in 2007 and the swim team from 2007-08 ... led team to MCAL title in 2004 and 2006 ... team turned in a top-four North Coast Section finish in 2007 ... captured MCAL MVP honors as a junior and senior ... took home team MVP award in 2007 ... selected to the All-NCS First Team three times (2005-07) ... four-time selection to the All-MCAL First Team ... led team in scoring from 2005-07 ... set school swimming records in the 200-yard IM, 200-yard freestyle, 500-yard freestyle and the 100-yard freestyle ... Marin Athletic Foundation Scholar-Athlete in 2008 ... member of the U.S. Youth National Team that went undefeated in play in Sydney, Australia over the summer of 2007 ... has also participated in the U.S. Water Polo Top 40 Festival Open Tournament ... played club for Marin Water Polo Club from 2002-08 ... helped team to top 20 finish at 2008 Junior Olympics ... was named Junior Olympics All-American in 2006.

Personal: Born in San Anselmo, Calif. ... parents names are Richard and Kathleen ... father rowed at Pacific ... sister, Kaitlyn, is a freshman on the Stanford women's water polo team ... hobbies include watching movies, hanging out with friends and watching sports ... plans to major in human biology and is contemplating a career as an emergency room doctor.

Favorite Stanford Memory: "The day I finally moved into my freshman dorm. From the RAs knowing my name to JT visiting to Koree coming to my room to welcome me to the team, it all seemed like a surreal blur, and finally I realized I had made my dreams come true and I was at Stanford."





PLAYER PROFILES

KAITLYN LO

Driver

Freshman

5-6

San Anselmo, CA

Sir Francis Drake

10



High School: A 2010 graduate of Sir Francis Drake High School in San Anselmo, Calif. ... competed for the swimming and water polo teams all four years ... captained the water polo and swim teams as a junior and senior ... named to CIF North Coast Section First Team as a junior and senior ... 2009 MCAL Player of the Year ... four-time All-MCAL First Team selection ... named team MVP as a junior and senior ... in swimming, earned All-America status and was the MCAL champion in the 100-yard backstroke as a junior ... as of graduation, held SFDHS records in the 100-yard backstroke (57.29) and 100-yard butterfly (57.66) ... played club for Marin Water Polo Club from 2004-09 and for Stanford Water Polo Club in 2010 ... member of the U.S. Junior National Training Team from 2008-10.

Personal: Born in San Anselmo, Calif. ... parents' names are Richard and Kathleen ... father rowed at Pacific ... sister Alyssa is a junior on the Stanford women's water polo team ... enjoys going to the beach and to concerts ... major is undeclared.

Why I Chose Stanford: "Stanford is a place of excitement. The overall atmosphere is both laid back as well as crazy at times which is the exact place I have always pictured myself. The people are extraordinary, the most helpful and caring people you could ever meet. Stanford strives for excellence and succeeding in both academics and athletics and is willing to go to great lengths to get people to where they wish to be. I chose Stanford because there is simply no better place to help me achieve my goals both in the pool as well as in the classroom."

PALLAVI MENON

Driver

Junior

5-5

Palo Alto, CA

Sacred Heart Prep

3



Summer 2010: Played for Stanford Water Polo Club at 20 Under and Open Nationals ... was named All-America honorable mention at 20Us ... coached at Stanford water polo camps ... spent time with her family in Boston.

As a Sophomore in 2010: Named to MPSF All-Academic List ... tied for third on team with 35 goals ... scored twice in three of four games at Stanford Invitational, against Michigan (2/6) as well as San Jose State and California (2/7) ... netted four goals in win over Sonoma State (2/13) ... tallied a pair in 10-4 win at San Jose State (2/20) ... added two goals in opening game of UCI Invitational against UC San Diego (2/27) ... posted another two-goal game in win over San Diego State (3/5) ... scored twice in road win at UCLA (3/27) ... scored twice in National Collegiate Championship quarterfinal win over Pomona-Pitzer (5/14) ... added goal in semifinal win over California (5/15).

Summer 2009: Played for Stanford Water Polo Club that won 20/U and senior national championships ... named to 20/U All-America First Team ... coached at Stanford water polo camps.

As a Freshman in 2009: Tied for sixth on the team and second among freshmen with 27 goals ... three hat tricks among seven multi-goal games ... scored twice in 12-10 overtime loss to USC at Stanford Invitational (2/7) ... posted first hat trick with three goals in 19-4 win over UC Santa Cruz ... followed that up with second hat trick, this one against UC San Diego at the Irvine Invitational (2/21) ... netted a pair in 12-11 sudden-death overtime win against USC in Irvine Invitational title game ... scored twice in 16-8 win over San Jose State (2/28) ... found the back of the cage twice in 13-6 MPSF Tournament quarterfinal win over San Diego State (4/24) ... scored four goals in National Collegiate Championship quarterfinal win over Marist (5/8).

High School: A 2008 graduate of Sacred Heart Prep in Atherton, Calif. ... competed for the swimming and water polo teams all four years ... captained the water polo team in 2007 ... led team to Central Coast Section Division II title as a senior ... helped team to at least a share of the West Catholic Athletic League title in all four of her seasons ... took home CCS Division II Water Polo Player of the Year honors in 2007 ... earned a spot on the NISCA All-America First Team ... named the *Palo Alto Daily News'* 2007 High School Female Water Polo Player of the Year ... named MVP of the 2007 CCS Division II Senior All-Star Team ... selected to the All-CIF CCS First Team from 2005-07 ... two-time All-WCAL First Team pick (2006-07) ... led team in scoring from 2005-07 ... earned All-America honors as part of the record-breaking 4x100-yard relay team as a senior ... has played for Stanford Water Polo Club from 2004 to the present ... helped team to bronze medal at the 2008 Nationals and 2007 Junior Olympics ... was part of 20/U squads that captured the title at Nationals in 2006 and 2007 ... named U.S. Club Championships MVP in 2007 ... USA Water Polo All-America selection from 2005-07 ... named to the All-America First Teams at the Junior Olympics and 20/U Nationals in 2007.



Personal: Born in Livingston, N.J. ... parents names are Satish and Pushpa ... has one older brother, Siddharth, who played water polo at UC San Diego from 2004-08 ... enjoys playing volleyball and photography ... majoring in human biology ... wants to pursue a career in research, but is undecided as to what field.

Favorite Stanford Memory: "While in Maryland for NCAAs last year, a handful of us decided to go on a spur-of-the-moment midnight tour of the monuments. We drove into D.C. – narrowly escaping a few wrong turns – and ran up the steps of the Lincoln Memorial to see the view of the Washington Monument and the Capitol Building! It was an absolute blast and a fun way to end the tournament and season!"





AMBER OLAND

Goalie

Senior
6-0
Santa Ana, CA
Foothill

1



Summer 2010: Worked as a swim instructor at Blue Buoy Swim Class ... volunteered at Occupational Therapy clinics.

As a Junior in 2010: Saw action in 20 games ... named to ACWPC All-America Second Team ... averaged 7.05 saves per game (141 total) and allowed just 4.26 goals per game ... made eight saves in season-opening win over UCSB (1/30) ... stopped seven shots in defeat of USC at Stanford Invitational (2/6) ... helped lead Stanford to Stanford Invitational crown by making six saves in win over California (2/7) ... made six saves in UCI Invitational semifinal win over UCLA (2/28) ... stopped seven shots in win over San Diego State (3/5) ... saved nine shots in win over Arizona State (3/21) ... stopped 10 shots in consecutive wins at UCLA (3/27) and Long Beach State (3/28) ... made nine saves in win at Hawai'i (4/11) ... posted 13 saves and held USC to just two goals over second half and overtime periods in 7-6 overtime win (4/24) ... held California to one goal in first half of victory in third-place game of MPSF Tournament (5/2) ... stopped 12 shots and allowed just three goals in National Collegiate Championship semifinal win over California (5/13).

Summer 2009: Played for her club team back home SoCal in the 20 and under championships in Stockton, Calif. ... took fifth at the tournament ... also coached swimming for her childhood club team.

As a Sophomore in 2009: Started 22 games ... tied for seventh in MPSF among full-time goalies with 6.86 GAA ... seventh in MPSF with 6.82 saves per game ... named All-MPSF honorable mention ... allowed just one goal and made five saves in season-opening win at Santa Clara (1/29) ... made seven saves in 8-6 win over Hawai'i (2/6) ... stopped nine shots in 10-5 win over UCLA at Stanford Invitational (2/8) ... stopped a combined 12 shots in wins over Hawai'i and No. 1 USC in the final two games of the Irvine Invitational (2/22) ... made season-high 12 saves in 7-2 win at Arizona State (3/7) ... made 26 saves over three games on a four-game road trip from March 25-28 ... allowed just two goals in 7-2 win at Long Beach State (3/28) ... made eight saves in 9-8 win over UCLA at home (4/3) ... stopped 10 shots at California in 9-8 win (4/11) ... made 10 more saves in 11-10 sudden-death win over UCLA in MPSF Tournament semifinal (4/25) ... stopped five shots in third-place game win at the National Collegiate Championship (5/10).

As A Freshman In 2008: Started 29 games ... posted 5.28 GAA and made 8.24 saves per game ... earned spot on ACWPC All-America Third Team ... named MPSF Newcomer of the Year as well as MPSF honorable mention and to All-Freshman Team ... made 11 saves and allowed just three goals in collegiate debut against Santa Clara (2/3) ... stopped combined 25 shots in wins against California and Hawai'i at Stanford Invitational (2/10) ... made 10 saves as Stanford defeated No. 3 USC, 7-6, in overtime in Irvine Invitational semifinals (2/24) ... stopped 11 UCLA shots in Cardinal's 8-7 overtime loss in Irvine Invite title game (2/24) ... allowed just one goal against UCSB (3/7)



... made 11 saves in each road victory over Hawai'i (3/24) and USC (4/5) ... held California to five goals and stopped 13 shots in 6-5 win (4/11) ... was named to MPSF All-Tournament Team after making total of 27 saves over three games, including 13 against USC in 5-4 semifinal loss (4/26) ... made 25 total saves in three games of the National Collegiate Championship ... made eight saves and didn't allow a goal while she was in during Stanford's 12-1 opening-round victory over Marist (5/9).

High School: A 2007 graduate of Foothill High School in Santa Ana, Calif. ... competed for the swimming and water polo teams ... captained both teams as a senior ... earned CIF and All-Sea View League MVP honors as a senior ... named to All-CIF First Team as a sophomore and senior, and to the second team as a junior ... helped lead team to CIF titles in 2005 and '07 ... an All-American in swimming ... helped lead swim team to leagues titles as a freshman and senior ... set 100-yard backstroke record with a time of 0:57.9 ... holds school's single-season saves record in water polo ... competed at the Jr. World Championships in Porto, Portugal in 2007.

Personal: Born in Santa Ana, Calif. ... daughter of Rick and Vickie Oland ... has two brothers, Bryan and Kevin ... majoring in sociology and is interested in pursuing occupational therapy and going to school on the East Coast.

Favorite Stanford Memory: "My favorite memory was watching Emily Clopp dance along the side of the pool before the SJSU game. Everyone on the pool deck stopped what they were doing to watch her. Our whole team watched and cheered her on. It was by far the best warm-up of the year."



PLAYER PROFILES

LIZZIE PEIROS

2-Meter Defender

Freshman
5-8
Moraga, CA
Campolindo

17



High School: A 2010 graduate of Campolindo High School in Moraga, Calif. ... competed for the water polo teams all four years and swam for three ... captained the water polo team as a junior and senior ... helped lead team to CIF North Coast Section semifinals three times, then to the championship game as a senior ... named an All-American as a junior and senior ... qualified for the NCS Championships in the 100-yard butterfly and the 200-yard freestyle ... also played club water polo for Lamorinda from 2006-08, Diablo from 2008-10 and for Stanford Water Polo Club in 2010.

Personal: Born in Berkeley, Calif. ... parents' names are Larry and Carole ... plans to study bioengineering ... hopes to pursue a career in medical (diagnostic) research ... hobbies include computer programming, playing table tennis, music and reading.

Why I Chose Stanford: "Stanford is the most unique place you can go to school in the world. Every person is very different yet these aspects are what make them Stanford students. I chose this school so that I could not only attend a school of high educational value in studies, but also one of high educational value in life experiences."

LEXIE ROSS

Driver

Freshman
5-9
Laguna Beach, CA
Laguna Beach

13



High School: A 2010 graduate of Laguna Beach High School in Laguna Beach, Calif. ... competed for the water polo team all four years, and for the swimming and surfing teams for three years ... captained the water polo team as a senior ... helped lead water polo team to CIF Southern Section Division II title as a junior, to a pair of runner-up finishes and to the semifinals as a sophomore ... team won three Orange Coast League titles in her prep career ... two-time pick for the CIF Southern Section Division II First Team, one-time pick to the third team (2008) ... named first-team All-Southern California and All-America honorable mention as a senior ... three-time All-OCL First Team selection ... helped lead swim team to 2009 league title ... USA Water Polo Academic All-American from 2007-09 ... earned Superintendent's Scholar Athlete Award four times ... played for SET Water Polo Club from 2006-10 ... helped SET team to Junior Olympics title and U.S. Club Championship final in 2009 ... won 20/U title in 2008 and took third place at Junior Olympics in 2007 ... competed in national selection camps and tournaments from 2006-08.

Personal: Born in Walnut Creek, Calif. ... parents' names are Nick and Lynn ... has five siblings, Caitlin, Keara, Emily, Clara and Conor ... enjoys singing, traveling, biking and exploring ... plans to major in human biology.

Why I Chose Stanford: "I chose Stanford because it offers me the challenge to push myself both academically and athletically. It is the perfect mix of both, as well as a place that continues to strive in each area."

John Tanner's All-Time Record vs. Opponents (1998-2010)

MPSF Opponent	Rec.	Pct.
Arizona State	12-0	1.000
California	34-8	.810
CS Northridge*	5-0	1.000
Hawaii	26-0	1.000
Long Beach State*	16-2	.889
Pacific*	16-0	1.000
San Diego State	20-0	1.000
San Jose State	28-0	1.000
UC Irvine*	10-0	1.000
UCLA	29-20	.592
UC Santa Barbara*	18-0	1.000
USC	17-24	.415

Overall Conference Opponent Record 231-54 (.811)

* - Left MPSF following 2008 season

Non-Conf. Opponent

Non-Conf. Opponent	Rec.	Pct.
Brown	2-0	1.000
CS Bakersfield	3-0	1.000
CS Monterey Bay	2-0	1.000
Claremont-Mudd-Scripps	2-0	1.000
Hartwick	2-0	1.000
Harvard	2-0	1.000
Indiana	6-0	1.000
Long Beach State*	2-0	1.000
Loyola Marymount	2-1	.667
Marist	3-0	1.000
Maryland	1-0	1.000
Massachusetts	1-0	1.000
Michigan	11-0	1.000
Occidental	1-0	1.000
Pacific*	1-0	1.000
Pomona-Pitzer	2-0	1.000
Princeton	3-0	1.000
Santa Clara	3-0	1.000
Slippery Rock	1-0	1.000
Sonoma State	2-0	1.000
UC Davis	22-0	1.000
UC Irvine*	2-0	1.000
UC San Diego	11-0	1.000
UC Santa Barbara*	1-0	1.000
UC Santa Cruz	3-0	1.000
UMass	0-0	1.000
Wagner	1-0	1.000

Overall Non-Conference Opponent Record 92-1 (.989)

* - Since 2009

Total 323-55 (.855)



John Tanner has led the Cardinal to an NCAA championship title in 2002, and six second place finishes since taking the helm of Stanford women's water polo in 1998.

Stanford Year-by-Year Coach

Coach	Yr.	Record	NCAA Finish
Ben Quittner	1996	31-9	5th
Ben Quittner	1997	33-10	4th
John Tanner	1998	29-6	3rd
John Tanner	1999	25-6	2nd
John Tanner	2000	28-5	3rd
John Tanner	2001	27-1	2nd
John Tanner	2002	23-2	1st
John Tanner	2003	21-3	2nd
John Tanner	2004	19-5	3rd
John Tanner	2005	21-7	2nd
John Tanner	2006	24-5	3rd
John Tanner	2007	27-3	2nd
John Tanner	2008	27-5	3rd
John Tanner	2009	26-4	3rd
John Tanner	2010	26-3	2nd
Overall Record		387-74 (.839)	

MPSF Tournament Champions

2000, 2001, 2003, 2006



The Stanford women's water polo team won the NCAA title in 2002.





MELISSA SEIDEMANN

2-Meter Offense

Junior
6-0

Walnut Creek, CA
College Park

2



Summer 2010: Trained and played with the U.S. Senior National Team ... helped lead U.S. to gold medals at the World Super League Finals and at the FINA World Cup ... traveled to Hawaii, Australia and New Zealand as part of the U.S. team ... spent the final month of summer at home with her family and dog ... finished the summer at a leadership academy in Ohio.

As a Sophomore in 2010: Led Stanford in scoring for second straight year, firing home 54 goals ... named to ACWPC All-America Second Team and to All-MPSF Third Team ... earned place on All-National Collegiate Championship First Team ... also earned spot on MPSF All-Academic List ... opened season with hat trick against UCSB at NorCal Invitational (1/30) ... posted second hat trick in win over Pacific at NorCal Invitational (1/31) ... scored four goals in each of first two games at Stanford Invitational, against Michigan and USC (2/6) ... scored twice in Stanford Invitational title game win over California (2/7) ... led team with three goals in win at San Jose State (2/20) ... added a hat trick in win over Arizona State (3/21) ... scored four times to lead team in 11-6 win at UCLA (3/27) ... scored seven goals, including a hat trick in third-place game win over California, over three games at the MPSF Tournament ... netted four goals in 23-3 win over Pomona-Pitzer in National Collegiate Championship quarterfinal (5/14) ... scored twice in 6-3 semifinal win over California (5/15).



Summer 2009: Lived at home in the East Bay ... coached her swim team, the Larkey Sharks ... commuted to Stanford to play for Stanford Water Polo Club ... played on 20/U and senior teams that won national championships ... was named MVP of the 20/U tournament ... spent a week in Yosemite, hiking and camping with her family.

As a Freshman in 2009: Named to ACWPC All-America First Team ... led team with 59 goals ... the fourth true freshman since 1997 to lead team in goals ... named MPSF Newcomer of the Year as well as to All-MPSF First Team and All-Freshman Team ... named MPSF Player of the Week on Feb. 23 ... 10 of her 18 multi-goal games were hat tricks ... scored at least four goals in a game five times ... scored four goals against Indiana for season's first hat trick (2/7) ... netted 10 goals over four games at the Stanford Invitational from Feb. 7-8 ... scored seven times in a doubleheader sweep of Sonoma State and UC Santa Cruz ... earned MPSF Player of the Week honor after scoring 10 goals to lead Stanford to Irvine Invitational title ... netted four goals in 11-10 semifinal win over Hawai'i (2/22) ... scored three times, including the tournament-winner in sudden death, in final against USC (2/22) ... capped off a run of four consecutive hat tricks from Feb. 21-March 7 with five goals at Arizona State (3/7) ... netted four goals in 11-6 win at San Diego State (3/25) ... posted another hat trick in 14-7 win at UC Irvine (3/26) ... scored twice in 9-8 home win against UCLA (4/3) and in 11-6 loss at USC (4/18).

High School: A 2008 graduate of College Park High School in Pleasant Hill, Calif. ... competed for the water polo teams all four years and for three years on the swim team ... also played soccer as a prep ... captained the water polo team in 2007 and 2008 ... helped lead team to DFAL title as a senior ... was named a NISCA All-American as a senior and was named Team MVP in 2007 ... a member of the U.S. Youth National Team in 2006 which won the gold medal at the Pan-American Junior Games ... was the leading scorer in that tournament with 20 goals ... was a member of the youth national team that went undefeated in Sydney, Australia over the summer of 2007 ... also part of the team that competed in the 2008 Global Championships ... has competed for Devil Mountain Water Polo Club, Golden Bears, and Lamorinda on the club level over the past five years ... earned All-America honors at the U.S. Water Polo 20/U Nationals.

Personal: Born in Hoffman Estates, Ill. ... parents names are Mark and Bobbie ... has one older sister, Lauren, and a younger sister, Natalie ... Lauren is currently a center on the UC Davis women's water polo team ... hobbies include playing water polo, photography, and hanging out with friends ... major is psychology and hoping to minor in urban education.

Favorite Stanford Memory: "My team after we won the UCI Tourney [in 2009] we were all on such a natural high from beating USC in sudden death. And to score the winning goal felt amazing. After that game our team was all on the same page and in great position for the rest of the season. That win brought us together and bonded us for the year."

KELSEY SUGGS

Driver

Freshman
5-10
Ladera Ranch, CA
Tesoro

14



High School: A 2010 graduate of Tesoro High School in Las Flores, Calif. ... competed for the water polo team all four years and on the swim team for three ... school record holder in the 200-yard freestyle relay ... has played for SET Water Polo Club since 2004 ... helped team to Junior Olympics 18/U title in 2009 and to third place at 20/Us in 2010 ... named to Junior Olympics All-America First Team in 2010 ... competed with U.S. Junior National Team at 2010 Junior Pan-American Games, helping U.S. to silver medal.

Personal: Born in Lancaster, Calif. ... parents' names are Brian and Michelle ... hobbies include yoga, tanning, going to the beach, reading and baking ... plans to major in human biology ... hopes for a career as a surgeon.

Why I Chose Stanford: "Stanford University opens up countless doors for its students to ensure successful futures. In addition to the academic prestige that is synonymous with Stanford, the athletic programs at the university are unparalleled. These aspects combined with the beautiful campus make it nearly impossible to turn down the chance to live the Stanford Experience, and I am privileged to be among the elite few who were presented with the opportunity to develop and learn with the best and brightest, both in and out of the pool."



SCHOLARSHIP & THE COMMUNITY

Giving Back to the Community

Stanford women's water polo players excel not only in the pool and in the classroom, but are also active members of the community. In 1999, the team decided it wanted to give back to the local community and has since been committed to a tutoring and mentoring program at the East Palo Alto Charter School. The team wanted to participate in something on-going, committing to more than just a one-time event. Each player and coach on the squad tutors at EPA Charter on a weekly basis. Players come once each week for at least an hour and work with one or two students on a focused academic skill. While the Cardinal athletes have helped to drastically improve the reading and math abilities of many students, they often serve even more important roles as female role models and friends. The students have close relationships with the players, and often come as fans to cheer on the Cardinal. Over 30 students have showed up to loudly support their favorite athletes. The players and coaches also donate dozens of holiday gifts to students, adopting three to four families each year.



Lauren Silver works with students at the East Palo Alto Charter School. Students often come to cheer on the Cardinal at matches.



Stanford Scholarship Funding

In June of 1934, the "Tiny Buck of the Month Club" was formed to raise the necessary funds from Stanford alumni and friends to pay the tuition costs for capable, worthy and needy student-athletes. As the Club's name implied, membership dues were one dollar per month and the word "tiny" was added to emphasize the modest amount and to honor head football coach, Claude "Tiny" Thornhill. The Club later shortened its name to the "Stanford Buck Club" and revised its initial membership dues requirement.

Until the mid-1970s, there were no athletic scholarships for women, nor was there any fundraising organization devoted to this purpose. To accomplish the task of raising scholarship funds for women, the Cardinal Club was formed in 1977-78.

Under the guidance of the Buck and Cardinal Club leadership, a merged Buck/Cardinal Club was formed in 1987 to raise funds for both men's and women's athletic scholarships. The new volunteer organization was built on the fine Buck and Cardinal Club traditions that served both organizations well.

In 2007, the Stanford Athletic Department provided full operating budgets to all 35 varsity sports. These budgets include all of the components necessary for our programs to compete at the Division I level. Because of this, none of our varsity sports will be required to fundraise for their basic operating budgets effective fiscal year 2008 (September 1, 2007).

These new budgets will be funded in large part by a more robust Buck/Cardinal Club, enabling our head coaches and their staffs to focus their time and energy on coaching and recruiting instead of fundraising for basic operating budgets. Our donors will receive Buck/Cardinal Club benefits commensurate with their generosity.

Under the new Stanford Athletics annual giving program, the Buck/Cardinal Club will not only include its great scholarship tradition, but also assist the department's coaches and staff in providing the resources needed to compete at the highest level of NCAA Division I athletics.

Instead of receiving solicitations from individual sports, donors and friends of Stanford Athletics will now receive a single solicitation from the Buck/Cardinal Club. By giving a gift to the Buck/Cardinal Club, the donor is giving both their favorite sport, and all of Stanford's varsity sports, the budget resources they need. Donors will also have the opportunity to let us know which sports are their favorites at the time of the donation, and sports will keep in touch with donors who specify interest in that specific program.

For more information on the Buck/Cardinal Club and giving to Stanford Athletics, please call (650) 724-9081 or visit gostanford.com/giving.



Stanford Scholarship Funding

The following endowed athletic scholarships, named for the donor or for someone the donor wishes to honor, provide full or partial grants-in-aid to members of the 2011 women's water polo team:

- The Walter L. Brandt Scholarship**
- The Evelyn Lloyd Dees Scholarship**
- The Arthur J. and Patricia R. Kates Scholarship**
- The Ted Leland Family Scholarship**
- The Lions Club Concours d'Elegance Scholarship**
- The Bruce and Adrienne Mitchell Athletic Scholarship**
- The Dellmar and Nina Pebley Water Polo Scholarship**
- The Forrest N. and Patricia K. Shumway Scholarship**





2010 Stanford Results

Overall Record: 26-3, MPSF: 7-0

Date	Opponent	Result	Stanford Goals
Jan. 30	vs. UCSB	W, 15-5	Dries 4, Seidemann 3, Holshouser 2, Koran 2, Krueger 2, Churnside, Kennedy
Jan. 31	vs. CSUMB	W, 16-2	Menon 4, Bury 3, Lee 3, Dunlevie 2, Garton, Kennedy, Lo, Seidemann
	vs. Pacific	W, 19-8	Lo 3, Seidemann 3, Dries 2, Eaton 2, Kennedy 2, Krueger 2, Churnside, Coughlan, Koran, Menon, Seidemann
Feb. 6	(1) Michigan	W, 12-5	Seidemann 4, Dries 3, Menon 2, Eaton, Holshouser, Koran
Feb. 6	(1) USC	W, 10-7	Eaton 4, Seidemann 4, Holshouser, Krueger
Feb. 7	(1) San Jose State	W, 15-6	Dries 3, Krueger 2, Menon 2, Steffens 2, Churnside, Dunlevie, Eaton, Holshouser, Kennedy, Koran
Feb. 7	(1) California	W, 10-7	Eaton 2, Menon 2, Seidemann 2, Churnside, Holshouser, Krueger, Steffens
Feb. 13	Sonoma State	W, 17-6	Menon 4, Kennedy 3, Dunlevie 2, Garton 2, Seidemann 2, Bury, Koran, Lee, Lo
Feb. 20	at San Jose State*	W, 10-4	Seidemann 3, Eaton 2, Holshouser 2, Menon 2, Steffens
Feb. 27	(2) vs. UC San Diego	W, 15-3	Churnside 2, Coughlan 2, Menon 2, Seidemann 2, Steffens 2, Dries, Dunlevie, Holshouser, Kennedy, Krueger
Feb. 27	(2) vs. Arizona State	W, 15-8	Eaton 5, Lo 4, Churnside 2, Dries, Dunlevie, Krueger, Seidemann
Feb. 28	(2) vs. UCLA	W, 10-4	Holshouser 2, Krueger 2, Steffens 2, Eaton, Lo, Menon, Seidemann
Feb. 28	(2) vs. USC	L, 10-6	Eaton 2, Lo 2, Dries, Holshouser
Mar. 5	San Diego State*	W, 11-2	Dries 3, Menon 2, Churnside, Eaton, Holshouser, Krueger, Seidemann, Steffens
Mar. 6	at UC Irvine	W, 10-4	Eaton 2, Lo 2, Churnside, Dries, Krueger, Menon, Seidemann, Steffens
Mar. 7	vs. CS Bakersifeld	W, 17-1	Dunlevie 3, Eaton 3, Churnside 2, Krueger 2, Menon 2, Dries, Kennedy, Koran, Lee, Seidemann
	at UC Davis	W, 11-1	Eaton 4, Lo 2, Seidemann 2, Holshouser, Koran, Steffens
Mar. 21	Arizona State*	W, 12-6	Seidemann 3, Eaton 2, Krueger 2, Dries, Holshouser, Lo, Menon, Steffens
Mar. 27	at UCLA*	W, 11-6	Seidemann 4, Eaton 2, Holshouser 2, Menon 2, Dries
Mar. 28	at Long Beach St.	W, 9-1	Churnside 2, Dries 2, Krueger 2, Lo, Menon, Seidemann
Apr. 11	at Hawai'i*	W, 10-6	Eaton 4, Dries 3, Krueger, Menon, Seidemann
Apr. 17	California*	W, 8-7	Krueger 2, Dries, Eaton, Holshouser, Koran, Seidemann, Steffens
Apr. 24	USC*	W, 7-6 (OT)	Eaton 2, Holshouser 2, Coughlan, Krueger, Seidemann
Apr. 30	(3) vs. Arizona State	W, 10-5	Dries 2, Seidemann 2, Dunlevie, Eaton, Garton, Lo, Menon, Steffens
May 1	(3) vs. UCLA	L, 7-6	Seidemann 2, Holshouser, Koran, Menon, Steffens
May 2	(3) vs. California	W, 10-3	Eaton 3, Seidemann 3, Dries 2, Churnside, Krueger
May 14	(4) vs. Pomona-Pitzer	W, 23-3	Koran 4, Seidemann 4, Dries 2, Eaton 2, Holshouser 2, Krueger 2, Lo 2, Menon 2, Churnside, Dunlevie, Garton
May 15	(4) vs. California	W, 6-3	Seidemann 2, Churnside, Koran, Krueger, Menon
May 16	(4) vs. USC	L, 10-9	Eaton 4, Krueger 2, Churnside, Dries, Lo

*MPSF Game

(1) Stanford Invitational, Stanford, Calif. (2) Irvine Tournament, Irvine, Calif.

(3) MPSF Tournament, Los Angeles, Calif. (4) National Collegiate Championship, San Diego, Calif.

2010 Stanford Leading Scorers

Scoring

Melissa Seidemann	54
Kelly Eaton	51
Annika Dries	35
Pallavi Menon	35
Kim Krueger	30
Kelsey Holshouser	23
Alyssa Lo	22
Cassie Churnside	18
Jessica Steffens	17
Alex Koran	15
Vee Dunlevie	12
Victoria Kennedy	10
Jillian Garton	5
Alexis Lee	5
Mimi Bury	4
Monica Coughlan	4

Stanford 340
Opponents 146

Goalie Statistics

	Games Played	Saves	Saves/GM	GA	GA/Gm
Amber Oland	20	141	7.05	91	4.55
Kate Baldoni	19	81	4.26	39	2.05
Kim Hall	6	18	3.00	16	2.67
Stanford	29	240	8.28	146	5.04

Quarter-by-Quarter Scoring

	1	2	3	4	OT	20T	Total
Stanford	98	83	87	71	1	0	= 340
Opponents	39	39	32	36	0	0	= 146



Kelly Eaton was an All-American in 2010



HONORS

All-Americans

2010
 Kelly Eaton (First Team)
 Jessica Steffens (First Team)
 Amber Oland (Second Team)
 Melissa Seidemann (Second Team)
 Annika Dries (Third Team)

2009
 Lauren Silver (First Team)
 Jessica Steffans (First Team)
 Melissa Seidemann (Third Team)
 Kelly Eaton (Honorable Mention)

2008
 Lauren Silver (First Team)
 Jacquelyn Gauthier (Second Team)
 Amber Oland (Third Team)
 Kelly Eaton (Honorable Mention)

2007
 Katie Hansen (First Team)
 Christina Hewko (First Team)
 Alison Gregorka (Second Team)
 Meredith McColl (Second Team)
 Lauren Silver (Third Team)

2006
 Katie Hansen (First Team)
 Christina Hewko (Second Team)
 Scotti Shafer (Second Team)
 Meredith McColl (Second Team)
 Lauren Silver (Honorable Mention)

2005
 Christina Hewko (First Team)
 Katie Hansen (Second Team)
 Meredith McColl (Second Team)
 Hannah Luber (Second Team)

2004
 Wendy Watkins (First Team)
 Hannah Luber (Second Team)
 Christina Hewko (Hon. Mention)

2003
 Jackie Frank (First Team, Player of the Year)
 Julie Gardner (First Team)
 Brenda Villa (First Team)
 Wendy Watkins (Third Team)

2002
 Jackie Frank (First Team, Player of the Year)
 Ellen Estes (First Team)
 Brenda Villa (First Team)
 Margie Dingeldein (Third Team)
 Kate Pettit (Honorable Mention)

2001
 Brenda Villa (First Team, Player of the Year)
 Jackie Frank (First Team)
 Ellen Estes (Second Team)
 Margie Dingeldein (Second Team)
 Anne-Marie Keenan (Hon. Mention)
 Julie Gardner (Honorable Mention)

2000
 Margie Dingeldein (First Team)
 Jackie Frank (Second Team)
 Kris Koblik (Third Team)
 Julie Gardner (Third Team)
 Kelly Shouey (Honorable Mention)
 Anne-Marie Keenan (Hon. Mention)

1999
 Margie Dingeldein (First Team)
 Kelly Shouey (First Team)
 Kris Koblik (Second Team)
 Heather Crary (Second Team)
 Anne-Marie Keenan (Hon. Mention)

1998
 Ellen Estes (First Team)
 Suze Gardner (First Team)
 Heather Crary (Third Team)
 Kris Koblik (Honorable Mention)

1997
 Suze Gardner (First Team)
 Ellen Estes (Second Team)
 Alice Cathcart (Honorable Mention)
 Heather Crary (Honorable Mention)

1996
 Lindsay Welsh (Second Team)
 Heather Crary (Third Team)
 Lindsay Tam (Honorable Mention)

NCAA All-Tournament Team

2010
 Melissa Seidemann (First Team)
 Jessica Steffens (First Team)
 Kelly Eaton (Second Team)
 Kim Krueger (Second Team)
 Annika Dries (Second Team)

2009
 Lauren Silver (First Team)
 Jessica Steffans (First Team)
 Kelly Eaton (Second Team)

2008
 Jacquelyn Gauthier (First Team)
 Lauren Silver (Second Team)
 Heather West (Second Team)

2007
 Katie Hansen (First Team)
 Christina Hewko (First Team)
 Alison Gregorka (Second Team)
 Meredith McColl (Second Team)

2006
 Scotti Shafer (First Team)
 Lauren Silver (Second Team)
 Christina Hewko (Second Team)

2005
 Hannah Luber (First Team)
 Christina Hewko (Second Team)
 Meredith McColl (Honorable Mention)

2004
 Lauren Faust (Second Team)
 Hannah Luber (Second Team)
 Wendy Watkins (Second Team)

2003
 Jackie Frank (First Team)
 Julie Gardner (First Team)
 Hannah Luber (First Team)
 Brenda Villa (First Team)

2002
 Jackie Frank (First Team, MVP)
 Ellen Estes (First Team)
 Brenda Villa (First Team)
 Margie Dingeldein (Second Team)
 Julie Gardner (Second Team)
 Wendy Watkins (Second Team)

Collegiate Nationals

All-Tournament Team
 Unavailable after 1999

1999
 Margie Dingeldein (First Team)
 Kelly Shouey (First Team)
 Heather Crary (Second Team)
 Kris Koblik (Second Team)

1998
 Ellen Estes (First Team)
 Suze Gardner (First Team)
 Heather Crary (Honorable Mention)

1997
 Ellen Estes (First Team)
 Suze Gardner (First Team)
 Heather Crary (Honorable Mention)

1996
 Lindsay Welsh (Second Team)
 Heather Crary (Honorable Mention)

MPSF All-Conference

2010
 Jessica Steffens (First Team)
 Kelly Eaton (First Team)
 Melissa Seidemann (Hon. Mention)
 Annika Dries (Honorable Mention, All-Freshman Team)

2009
 Lauren Silver (First Team)
 Melissa Seidemann (Second Team, All-Freshman Team, Newcomer of the Year)
 Kelly Eaton (Honorable Mention)
 Amber Oland (Honorable Mention)

2008
 Lauren Silver (First Team)
 Amber Oland (Honorable Mention, All-Freshman Team, Newcomer of the Year)
 Jacquelyn Gauthier (Hon. Mention)
 Allie Gerrity (All-Freshman Team)
 Kim Krueger (All-Freshman Team)

2007
 Katie Hansen (First Team)
 Christina Hewko (First Team)
 Meredith McColl (First Team)
 Alison Gregorka (Second Team)
 Lauren Silver (Honorable Mention)
 Jessica Steffens (Honorable Mention)
 Kelly Eaton (All-Freshman Team)
 Kelly Donahue (All-Freshman Team)

2006
 Katie Hansen (First Team)
 Meredith McColl (First Team)
 Christina Hewko (Second Team)
 Scotti Shafer (Honorable Mention)
 Lauren Silver (Honorable Mention, Top Newcomer, All-Freshman Team)

2005
 Christina Hewko (First Team)
 Katie Hansen (Second Team)
 Meredith McColl (Second Team)

2004
 Wendy Watkins (First Team)
 Hannah Luber (Second Team)
 Meredith McColl (Honorable Mention, All-Freshman Team)
 Christina Hewko (All-Freshman Team)
 Katie Hansen (All-Freshman Team)

2003
 Brenda Villa (Player of the Year)
 Jackie Frank (Goalie of the Year)
 Julie Gardner (First Team)
 Wendy Watkins (Second Team)

2002

Jackie Frank (First Team, Goalie of the Year)
 Brenda Villa (First Team)
 Ellen Estes (First Team)
 Margie Dingeldein (Second Team)

2001
 Brenda Villa (First Team, Co-Player of the Year)
 Jackie Frank (First Team)
 Ellen Estes (First Team)
 Margie Dingeldein (Hon. Mention)
 Julie Gardner (Honorable Mention)
 Anne-Marie Keenan (Hon. Mention)

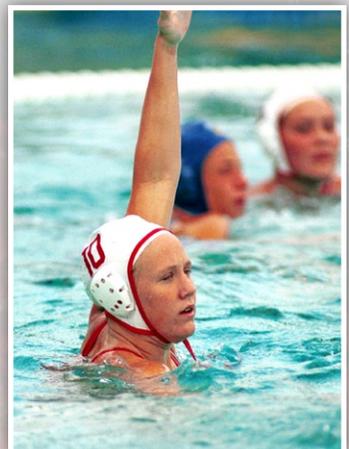
2000
 Margie Dingeldein (First Team)
 Julie Gardner (Second Team)
 Jackie Frank (Second Team)
 Kris Koblik (Second Team)

1999
 Margie Dingeldein (First Team)
 Heather Crary (Second Team)
 Nicole Glazer (Honorable Mention)
 Anne-Marie Keenan (Hon. Mention)
 Kris Koblik (Honorable Mention)
 Kelly Shouey (Honorable Mention)

1998
 Ellen Estes (First Team, Player of the Year)
 Suze Gardner (First Team)
 Kris Koblik (Second Team)
 Heather Crary (Third Team)

1997
 Ellen Estes (First Team)
 Lindsay Welsh (First Team)
 Alice Cathcart (Second Team)
 Suze Gardner (Second Team)
 Heather Crary (Second Team)

1996
 Heather Crary (First Team, Goalie of the Year)
 Lindsay Welsh (First Team)
 Alice Cathcart (Second Team)
 Lindsay Tam (Second Team)
 Olivia White (Second Team)



Kate Pettit was a three-time MPSF and four-time AWPCA All-Academic selection. She was named a 2002 NCAA post-graduate scholarship winner and recently graduated from Stanford Medical School.





MPSF All-Tournament Team 2010

Jessica Steffens

2009

Lauren Silver

2008

Amber Oland

Lauren Silver

2007

Katie Hansen

Christina Hewko

2006

Katie Hansen

Meridith McColl

2005

Christina Hewko

Meridith McColl

2004

Wendy Watkins (*First Team*)

2003

Jackie Frank (*MVP*)

Brenda Villa

Julie Gardner

2002

Brenda Villa (*First Team*)

Jackie Frank (*First Team*)

Margie Dingeldein

(*Second Team*)

Ellen Estes (*Second Team*)

AWPCA All-Academic Team

2010

Mimi Bury

Monica Coughlan

Annika Dries

Vee Dunlevie

Kelly Eaton

Alex Koran

Kim Krueger

Alyssa Lo

Pallavi Menon

Jessica Steffens

2009

Koree Blyleven

Mimi Bury

Monica Coughlan

Kelly Eaton

Kim Hall

Kira Hillman

Kim Krueger

Alyssa Lo

Melissa Seidemann

Jessica Steffens

Heather West

2008

Koree Blyleven

Jacquelyn Gauthier

Jenna Gunderson

Kim Hall

Kira Hillman

Kim Krueger

Megan May

Chelsea Smith-

Carmichael

Heather West

2007

Koree Blyleven

Kelly Donahue

Jackie Gauthier

Alison Gregorka

Kate Heddleston

Kira Hillman

Meridith McColl

Megan Nesland

Jessica Steffens

Heather West

2006

Nancy El-Sakkary

Jacquelyn Gauthier

Alison Gregorka

Katie Hansen

Megan May

Meridith McColl

Scotti Shafer

2005

Nancy El-Sakkary

Alison Gregorka

Hannah Luber

Kelty Luber

Megan May

Meridith McColl

Val Riss

Scotti Shafer

2004

Nancy El-Sakkary

Lauren Faust

Katie Hansen

Hannah Luber

Kelty Luber

Val Riss

Scotti Shafer

2003

Elizabeth Derse

Lauren Faust

Jackie Frank

Scotti Shafer

Erica Wilson

2002

Margie Dingeldein

Lauren Faust

Jackie Frank

Kate Pettit

Heather Stamper

2001

Margie Dingeldein

Lauren Faust

Jackie Frank

Alli Henry

Anne-Marie Keenan

Kris Koblik

Kate Pettit

Ali Riddell

2000

Margie Dingeldein

Anne-Marie Keenan

Kris Koblik

Kate Pettit

Ali Riddell

1999

Heather Crary

Margie Dingeldein

Nicole Glazer

Anne-Marie Keenan

Kris Koblik

Kate Pettit

Ali Riddell

Lindsay Tam

1998

Heather Crary

Kris Koblik

Lindsay Tam

Lindsay Welsh

MPSF Academic All-Conference

2010

Mimi Bury

Monica Coughlan

Kelly Eaton

Kelsey Holshouser

Alex Koran

Kim Krueger

Alyssa Lo

Pallavi Menon

Melissa Seidemann

Jessica Steffens

2009

Koree Blyleven

Kelly Eaton

Allie Gerrity

Kim Hall

Kira Hillman

Kelsey Holshouser

Alex Koran

Kim Krueger

Jessica Steffens

Heather West

2008

Koree Blyleven

Kelly Eaton

Jacquelyn Gauthier

Kira Hillman

Kelsey Holshouser

Megan May

Heather West

2007

Jackie Gauthier

Alison Gregorka

Katie Hansen

Christina Hewko

Kira Hillman

Meridith McColl

Jessica Steffens

Heather West

2006

Nancy El-Sakkary

Jacquelyn Gauthier

Alison Gregorka

Katie Hansen

Megan May

Meridith McColl

Scotti Shafer

2005

Nancy El-Sakkary

Alison Gregorka

Hannah Luber

Kelty Luber

Meridith McColl

Julia McKinney

Val Riss

Scotti Shafer

2004

Lauren Faust

Hannah Luber

Kelty Luber

Amanda Matuk

Val Riss

Scotti Shafer

Wendy Watkins

2003

Lauren Faust

Jackie Frank

Kelty Luber

Heather Stamper

2002

Margie Dingeldein

Ellen Estes

Lauren Faust

Jackie Frank

Kate Pettit

2001

Margie Dingeldein

Jackie Frank

Hillary Gallogly

Alli Henry

Anne-Marie Keenan

Kris Koblik

Kate Pettit

Ali Riddell

Kelty Shouey

2000

Margie Dingeldein

Alli Henry

Anne-Marie Keenan

Kris Koblik

Kate Pettit

Ali Riddell

1999

Heather Crary

Nicole Glazer

Anne-Marie Keenan

Kris Koblik

Ali Riddell

Lindsay Tam

1998

Heather Crary

Nicole Glazer

Elissa Keszler

Lindsay Tam

Lindsay Welsh

National Awards

Pac-10 Conference Medal Winner

A conference medal is awarded annually to each member institution's outstanding senior male and female student-athlete based on exhibition of the greatest combination of performance and achievement in scholarship, athletics and leadership.

2003 – Jackie Frank

NCAA Post-Graduate Scholarship Winner

2006 – Scotti Shafer

2002 – Kate Pettit

NCAA ELITE 88 Award Winner

2010 – Monica Coughlan

Pac-10 Post-Graduate Scholarship Winner

2002 – Ellen Estes

Peter J. Cutino Award

Presented annually by the Olympic Club to the country's top female collegiate water polo player.

2010 – Jessica Steffens

(*Finalist*)

2008 – Lauren Silver

(*Finalist*)

2007 – Katie Hansen

(*Finalist*)

2006 – Meridith McColl

(*Finalist*)

2004 – Wendy Watkins

(*Finalist*)

2003 – Jackie Frank (*Winner*)

Brenda Villa (*Finalist*)

2002 – Brenda Villa (*Winner*)

1999 – Heather Crary

(*Finalist*)

Stanford Athletic Board Awards

The Al Masters Award

Department's highest honor for attaining the highest standards of athletic performance, leadership and academic achievement.

2003 – Jackie Frank

2002 – Ellen Estes

The Donald Kennedy Award

Presented to the Stanford Senior Athlete who best exhibits the combination of excellent academics, strong athletic ability and a commitment to community service.

2006 – Scotti Shafer

2002 – Kate Pettit

1999 – Lindsay Tam

The Block 'S' Outstanding Female Junior Award

Presented to the most outstanding female junior.

2003 – Brenda Villa



STANFORD ON NATIONAL TEAMS

Senior National Team



2008 Olympians Brenda Villa, Alison Gregorka and Jessica Steffens returned to Avery Aquatic Center when the U.S. took on Australia in July 2008

Olympic Games

- 2008 (Silver)**
 Brenda Villa ('03) – Captain
 Alison Gregorka ('07)
 Jessica Steffens ('10)
- 2004 (Bronze)**
 Margie Dingeldein ('02)
 Ellen Estes ('02)
 Jackie Frank ('03)
 Brenda Villa ('03)
- 2000 (Silver)**
 Ellen Estes ('02)
 Brenda Villa ('03)

FINA World Championships

- 2009 (World Champions)**
 Alison Gregorka ('07)
 Jessica Steffens ('10)
 Brenda Villa ('03)
- 2007 (World Champions)**
 Alison Gregorka ('07)
 Brenda Villa ('03)
- 2005**
 Brenda Villa ('03)
- 2003 (World Champions)**
 Margie Dingeldein ('02)
 Ellen Estes ('02)
 Jackie Frank ('03)
 Brenda Villa ('03)
- 2001**
 Margie Dingeldein ('02)
 Brenda Villa ('03)
- 1998**
 Jackie Frank ('03)
 Brenda Villa ('03)

FINA World Cup

- 2010 (Champions)**
 Annika Dries ('13)
 Melissa Seidemann ('12)
 Lolo Silver ('09)
 Brenda Villa ('03)
- 2006**
 Alison Gregorka ('07)
 Jessica Steffens, Alternate ('10)

2002

- Margie Dingeldein ('02)
 Ellen Estes ('02)
 Jackie Frank ('03)
 Brenda Villa ('03)

1999

- Ellen Estes ('02)
 Jackie Frank ('03)
 Brenda Villa ('03)

1998

- Jackie Frank ('03)
 Brenda Villa ('03)

Current National Team Training Squad

- Annika Dries ('13)
 Christina Hewko ('07)
 Melissa Seidemann ('12)
 Jessica Steffens ('09)
 Lauren Silver ('09)
 Brenda Villa ('03)

Former Senior National Team Members

- Margie Dingeldein ('02)
 Ellen Estes ('02)
 Suze Gardner ('00)
 Alison Gregorka ('07)
 Katie Hansen ('07)
 Christine Hewko ('07)
 Anne-Marie Keenan ('01)
 Kate Pettit ('02)
 Jackie Frank ('03)

Former Senior National 'B' Team Members

- Alice Cathcart ('97)
 Heather Crary ('99)
 Suze Gardner ('00)
 Anne-Marie Keenan ('01)
 Kelly Shouey ('01)
 Lauren Silver ('09)

Pan-American Championships

- 2007 (Champions)**
 Alison Gregorka ('07)
 Jessica Steffens ('10)
 Brenda Villa ('03)
- 2003 (Champions)**
 Margie Dingeldein ('02)
 Ellen Estes ('02)
 Jackie Frank ('03)
 Brenda Villa ('03)
- 1999**
 Ellen Estes ('02)
 Brenda Villa ('03)



Current National Team Training Squad member Lauren Silver



Stanford alumnae Brenda Villa, Lauren Silver, Melissa Seidemann and Annika Dries were part of the gold medal-winning U.S. Senior National Team at the FINA World Cup in 2010





Junior National Team



Kim Krueger competed in the 2007 Junior FINA World Championships and captured the 2006 Junior Pan-American Games.

Junior FINA World Championships

2009 (Third)

Kate Baldoni ('13)
Annika Dries ('13)

2007

Kim Krueger ('11)
Amber Oland ('11)
Lauren Silver ('09)
Jessica Steffens ('10)

2005 (Champions)

Alison Gregorka ('07)
Katie Hansen ('07)
Christine Hewko ('07)
Meridith McColl ('07)

2003

Laurel Champion ('06)
Alison Gregorka ('07)
Meridith McColl ('07)
Scotti Shafer ('06)

2001

Julie Gardner ('03)

1999

Margie Dingeldein ('02)
Jackie Frank ('03)
Kris Koblik ('01)
Brenda Villa ('03)
Wendy Watkins ('04)

1997

Dani Bell ('01)
Heather Crary ('99)
Ellen Estes ('02)
Jackie Frank ('03)
Elissa Keszler ('00)
Brenda Villa ('03)

1995

Ellen Estes ('02)
Jackie Frank ('03)
Brenda Villa ('03)



Stanford women's water polo has always been well-represented at the Speedo Top 40 in the fall

Junior Pan-American Games

2006 (Champions)

Kim Krueger ('11)

2004 (Champions)

Alison Gregorka ('07)
Katie Hansen ('07)
Christina Hewko ('07)
Meridith McColl ('07)
Lauren Silver ('09)

2002

Lauren Boreta ('06)
Scotti Shafer ('06)

2000

Julie Gardner ('03)

1998

Dani Bell ('01)
Jackie Frank ('03)
Brenda Villa ('03)

1996

Heather Crary ('99)
Ellen Estes ('02)
Jackie Frank ('03)
Elissa Keszler ('00)
Brenda Villa ('03)
Lindsay Welsh ('98)

Current Junior National Team Members

Kate Baldoni ('13)
Kaley Dodson ('14)
Kelsey Suggs ('14)



Kim Krueger, Amber Oland, Lauren Silver ('09), Alison Gregorka ('07), and Jessica Steffens ('10) represented Stanford on the Senior and Junior National Teams over the summer of 2007.



Scotti Shafer competed in both the Junior FINA World Championships and the Junior Pan-American Games.



Stanford University at a Glance

On October 1, 1891, the 465 new students who were on hand for opening day ceremonies at Leland Stanford Junior University greeted Leland and Jane Stanford enthusiastically, with a chant they had made up and rehearsed only that morning. Wah-hoo! Wah-hoo! L-S-J-U! Stanford! Its wild and spirited tone symbolized the excitement of this bold adventure. As a pioneer faculty member recalled, "Hope was in every heart, and the presiding spirit of freedom prompted us to dare greatly."

For the Stanford's on that day, the university was the realization of a dream and a fitting tribute to the memory of their only son, who had died of typhoid fever weeks before his sixteenth birthday. Far from the nation's center of culture and unencumbered by tradition or ivy, the new university drew students from all over the country: many from California; some who followed professors hired from other colleges and universities; and some simply seeking adventure in the West. Though there were many difficulties during the first months – housing was inadequate, microscopes and books were late in arriving from the East – the first year foretold of greatness. As Jane Stanford wrote in the summer of 1892, "Even our fondest hopes have been realized."

Ideas of "Practical Education"

Governor and Mrs. Stanford had come from families of modest means and had built their way up through a life of hard work. So it was natural that their first thoughts were to establish an institution where young men and women could "grapple successfully with the practicalities of life." As their thoughts matured, these ideas of "practical education" enlarged to the concept of producing cultured and useful citizens who were well-prepared for professional success.

Nearly 116 years later, the university still enjoys the original 8,180 acres (almost 13 square miles) of grassy fields, eucalyptus groves, and rolling hills that were the Stanford's generous legacy, as well as the Quadrangle of "long corridors with their stately pillars" at the center of campus. It is still true, as the philosopher William James said, during his stint as a visiting professor, that the climate is "so friendly ... that every morning wakes one fresh for new amounts of work."

Current Perspectives

In other ways, the university has changed tremendously on its way to recognition as one of the world's great universities. At the hub of a vital and diverse Bay Area, Stanford is less than hour's drive south of San Francisco and just a few minutes north of the Silicon Valley, an area dotted with computer and high technology firms largely spawned by the university's faculty and graduates. On campus, students and faculty enjoy new libraries, modern laboratories, tremendous sports and recreation facilities, and comfortable residences. Contemporary sculpture, as well as pieces from the Stanford Museum's extensive collection of sculpture by Auguste Rodin, is placed throughout the campus, providing unexpected pleasures at many turns. At the Stanford Medical Center, world-renowned for its research, teaching, and patient care, scientists and physicians are searching for answers to fundamental questions about health and disease. Ninety miles down the coast, at Stanford's Hopkins Marine Station on the Monterey Bay, scientists are working to better understand the mechanisms of evolution, human development, and ecological systems.

The university is organized into seven schools: Earth Sciences, Education, Engineering, the Graduate School of Business, Humanities and Sciences, Law and Medicine. In addition, there are more than 30 interdisciplinary centers, programs, and research laboratories – including the Hoover Institution on War, Revolution and Peace; the Institute for International Studies; the Stanford Linear Accelerator Center; and the Stanford Center for the Study of Families, Children and Youth – where faculty from a wide range of fields bring different perspectives to bear on issues and problems. Stanford's Overseas Studies Program offers students in all fields remarkable opportunities for study abroad, with campuses in Australia, Beijing, Berlin, Cape Town, Florence, Kyoto, Madrid, Moscow, Oxford, Paris, and Santiago.





Stanford People

By any measure, Stanford's faculty – which numbers just over 1,800 – is one of the most distinguished in the nation. As of the June of 2010, the faculty included 16 Nobel Laureates, four Pulitzer Prize winners, 23 MacArthur Fellows, 19 recipients of the National Medal of Science, two National Medley of Technology recipients, 251 members of the National Academy of Arts and Sciences, 135 members of the National Academy of Sciences, 88 National Academy of Engineering members, 30 members of the National Academy of Education, seven Wolf Foundation Prize winners, six winners of the Koret Foundation Prize and three Presidential Medal of Freedom winners. Yet beyond their array of honors, what truly distinguishes Stanford faculty is their commitment to sharing knowledge with their students. The great majority of professors teach undergraduates both in introductory lecture classes and in small advanced seminars.

Currently 15,319 students, of which 6,878 are undergraduates, live and study on campus. A little more than 40 percent come from California, but all 50 states and approximately 68 countries are represented as well. Among undergraduates, approximately 55 percent are African American, Asian American, International, Mexican American, Native American, Native Hawaiian or Other Hispanic in ethnicity. Like the faculty, the Stanford student body is distinguished. Approximately 10 students apply to Stanford for every place in the freshman class with 89% of those admitted finishing in the top 10% of their high school class. Ninety-four Stanford students



have been named Rhodes Scholars, 74 have been selected Marshall Award winners, and 49 have been chosen Truman Scholars. Nearly 90 percent of graduating seniors plan to attend graduate or professional schools. Stanford students also shine in a tremendous array of activities outside the classroom – from student government to music, theater, and journalism. Through the Haas Center for Public Service, students participate in many community service activities, such as tutoring programs for children in nearby East Palo Alto, the Hunger Project, and the Arbor Free Clinic.

In the athletic arena, Stanford students have enjoyed tremendous success as well. Stanford fields teams in 36 Division I varsity sports (15 men, 20 women, 1 co-ed). Of Stanford's 99 NCAA titles (114 national), 59 have been captured since 1990, by far the most in the nation. A total of 50 Stanford affiliates (49 athletes and 1 coach) participated in the 2008 Summer Olympics in Beijing, winning a total of 25 medals. Dating back to the 1992 Olympic Games in Barcelona, Stanford affiliates have won 90 medals in summer Olympic competition, including 42 Gold medals.

Intramural and club sports are also popular; over 1,000 students take part in the club sports program, while participation in the intramural program has reached 9,000, with many students active in more than one sport.

Looking Ahead

In her address to the Board of Trustees, in 1904, Jane Stanford said, ". . . Let us not be afraid to outgrow old thoughts and ways, and dare to think on new lines as to the future of the work under our care."

Her thoughts echo in the words of former Stanford President Gerhard Casper, who has said, "The true university must reinvent itself every day . . . At Stanford, these are days of such reconsideration and fresh support for our fundamental tasks – teaching, learning, and research."





BOB BOWLSBY

The Jaquish & Kenninger
Director of Athletics

One of the most respected athletic administrators in the nation, Bob Bowsby enters his fifth full year as the Jaquish & Kenninger Director of Athletics at Stanford University, a position he was appointed to on April 25, 2006 after spending 15 years at the helm of the University of Iowa's athletic program. In his initial four years in the position, Stanford has continued its well-earned reputation of fielding the most successful and wide-ranging Division I-A athletic programs in the nation.

As Stanford's sixth athletic director, Bowsby succeeds Ted Leland (1991-2005), Andy Geiger (1979-90), Joe Ruetz (1972-78), Chuck Taylor (1963-71) and Al Masters (1925-63). He directs a department that includes 35 intercollegiate varsity teams – 15 men's, 19 women's and one coed – plus the physical education department, intramurals, club sports, open recreation and the Stanford Golf Course.

Under his administrative guidance, Stanford claimed its unprecedented 16th straight Learfield Sports Directors' Cup last spring, emblematic of the top overall athletic program in the country. Twenty of Stanford's 35 intercollegiate teams boasted top-10 national finishes last season, winning NCAA championship in men's volleyball and women's tennis, its 34th consecutive year of claiming at least one national championship.

In addition, nine Stanford teams were ranked first in the nation at some point during their seasons.

Along with its national championships in men's volleyball, women's tennis and women's lightweight rowing, Stanford teams finished runner-up in six other national championship competitions.

Stanford's student-athletes were also highly-decorated last year. Two Cardinal athletes – Kelley O'Hara (women's soccer) and Kawika Shoji (men's volleyball) – earned national player of the year recognition. A total of 10 Stanford student-athletes earned conference player of the year accolades while five others earned conference newcomer of the year recognition.

Three Stanford coaches—Paul Ratcliffe (women's soccer), John Kosty (men's volleyball) and Al Acosta (women's lightweight rowing) – earned national coach of the year marks.

Eighteen Stanford student-athletes were selected as ESPN The Magazine/CoSIDA Academic All-Americans, while four earned NCAA Postgraduate Scholarship Awards. Five Stanford student-athletes who participated in NCAA Championship competition received Elite 88 recognition for outstanding academic achievement.

Bowsby has also presided over the emergence of Stanford's football program. In December of 2006, he hired former NFL quarterback Jim Harbaugh to resurrect the program which had fallen on hard times. A stunning victory over top-ranked USC's in Harbaugh's first season gave indication better times were ahead for the program and two years later, Stanford had successfully turned the corner, finishing with an 8-5 record and an appearance in the Sun Bowl.

He also added highly-respected Johnny Dawkins to the Stanford coaching ranks prior to the 2008-09 season.

Stanford's women's basketball team has made three straight Final Four appearances under Bowsby's supervision, reaching the championship game on two occasions.

Throughout his career, Bowsby has emerged as a national leader in intercollegiate and amateur athletics. In February of 2007, Bowsby was appointed to the United States Olympic Committee Board of Directors. He was elected chair of the NCAA Olympic Sports Liaison Committee and represented the NCAA as one of two voting members on the United States Olympic Committee Board of Directors. Bowsby also served as a member of the NCAA/U.S. Olympic Committee Task Force chaired by Cedric Dempsey and George Steinbrenner.

He recently chaired selection committees that appointed new USOC CEO Scott Blackmun along with new Pacific-10 Conference Commissioner Larry Scott.

Bowsby previously served as President of the NCAA Division I-A Athletic Directors' Association (2002-03), chair of the NCAA Division I Men's Basketball Committee for two years (2003-05) and a committee member for five years, chair of the Big Ten Administrator's Council (2002-04) and chair of the NCAA Management Council.

Bowsby was appointed by President George Bush as a member of the Commission on Opportunities in

Athletics in 2002-03. The committee was led by U.S. Secretary of Education Rod Paige.

In addition, Bowsby served as chair of the NCAA Wrestling Committee and has served on NCAA committees on Financial Aid and Amateurism, the Special Committee to Review Amateurism Issues and the Special Committee to Review Financial Conditions in Athletics.

Bowsby has also served as an Executive Committee member with both the National Association of Collegiate Directors of Athletics and the Division I-A Athletic Directors Association and served as President of the I-A organization for two years.

He currently serves on the board of directors of the San Jose Sports Authority.

The National Association of Collegiate Directors of Athletics (NACDA) named Bowsby in 2001-02 as Central Region Athletic Director of the Year and Sports Business Journal selected him from the four regional award winners as the National Athletics Director of the Year. The award highlights the efforts of the athletic directors for their commitment and positive contributions to campuses and their surrounding communities.

As the chief administrator for Iowa's athletic department from 1991-2006, Bowsby earned a reputation as one of the most admired, energetic and ambitious athletic administrators in the nation. Bowsby guided and supervised the merger of the Hawkeye's women's and men's athletics departments while enabling Iowa to maintain its standing as one of the most visible and successful Division I athletic programs.

A native of Waterloo, Iowa, Bowsby became Iowa's 10th Athletic Director in June, 1991, after serving in the same role at the University of Northern Iowa since 1984. Bowsby earned his bachelors degree from Minnesota State-Moorhead in 1975 and his master's degree from the University of Iowa in 1978.

Bob and his wife, Candice, have four children: Lisa, Matt, Rachel and Kyle.

Stanford Athletic Directors

Al Masters	1925-63
Chuck Taylor	1963-71
Joe Ruetz	1972-78
Andy Geiger	1979-90
Ted Leland	1991-2005
Bill Walsh (interim)	2005-06
Bob Bowsby	2006-Present





Principles That Guide Us

Department of Athletics, Physical Education, and Recreation

Department of Athletics, Physical Education, and Recreation

Mission Statement

From its founding in 1891, Stanford University's leaders have believed that physical activity is valuable for its own sake and that vigorous exercise is complementary to the educational purposes of the university. Within this context for human development, it is the mission of Stanford's Department of Athletics, Physical Education and Recreation to offer a wide range of high quality programs which will encourage and facilitate all participants to realize opportunities for championship athletic participation, physical fitness, health and well being.



We Will Teach

- By encouraging our student-athletes to capture all the joy, power and extraordinary personal growth that comes to those who compete and support athletic excellence.
- By hiring and retaining the best coaches and staff members available and arming them with the tools to achieve at the highest level.
- By fostering and nurturing a coaching, physical education and recreation staff that is committed to teaching with integrity & ambition and that performs in a manner which is consistent with the academic priorities of Stanford University.
- By recognizing the need to work as a team while valuing each individual's unique characteristics and abilities.
- By committing ourselves to the personal development and well being of our student-athletes and staff. Those who participate at all levels will learn the benefits of teamwork, discipline, goal setting, physical fitness, healthy lifestyles, character development, self confidence, sportsmanship, and an appreciation for lifelong learning.



We Will Lead

- By being the model of success, of universal opportunity, and of unwavering commitment to the ideal of the scholar-athlete.
- By operating with integrity as we follow the spirit and the letter of each rule. Integrity will be displayed in our policies, performances and programs.
- By continuing our long history of conference and national prominence through a commitment to cutting edge involvement in athletic issues.

We Will Win

- By maximizing our effort in every competition, on every team and in every setting where skill, determination and hard work combine to achieve singularly successful results.
- By having an uncompromising commitment to Conference and National championships and by providing each student-athlete with the tools necessary to be successful at the highest levels of both academic and athletic performance.



- By creating a commitment to a university-wide wellness culture that will allow Stanford students, faculty and staff to maximize their health and fitness opportunities throughout their lives.

We Will Serve

- By respecting, honoring and responding to the needs of our student-athletes, coaches, colleagues, advocates and members of our larger community.
- By encouraging innovation and creativity. We will harness technology to extend our reach and to interface with our various internal and external constituencies.
- Through fiscal responsibility in all elements of departmental operations.
- By advancing outreach as a fundamental component of the department, we will strive to enhance the overall mission of the University through competitive excellence, effective outreach and an on-going commitment to customer service.
- By utilizing the department resources and physical facilities to serve the campus community, our alumni and our supporters throughout the world.
- By valuing our heritage, and in doing so we commit ourselves to championship caliber athletic achievement and the on-going enhancement of the traditions of Stanford Athletics, including leadership, individual and team achievement & intense pride and loyalty.



Stanford's National Titles

NCAA championships are commonplace at Stanford University, as Cardinal teams have won national titles at an unprecedented rate, including a national-best 82 since 1980 and 59 since 1990. Stanford has won at least one NCAA championship for 34 consecutive years and has won four national titles in a single season nine times.

Nine different Stanford teams have won at least five national titles, including men's tennis (18), women's tennis (17), men's water polo (11), women's swimming and diving (9), men's swimming and diving (8), men's golf (8), women's volleyball (6), synchronized swimming (6) and women's cross country (5). A total of 20 Stanford teams have won at least one national championship.

Stanford teams have won a total of 114 national championships. In NCAA competition, Cardinal teams have won 99 team titles, including 60 men's championships and an NCAA-best 39 women's titles.

Titles By Sport

* AIAW + Helms ^ ICYRA ! Rissman • Unofficial title # U.S. Collegiate
Note: NCAA titles unless otherwise noted

Baseball (2)

- 1987 Mark Marquess
- 1988 Mark Marquess

Men's Basketball (3)

- 1937 John W. Bunn+
- 1938 John W. Bunn+
- 1942 Everett Dean

Women's Basketball (2)

- 1990 Tara VanDerveer
- 1992 Tara VanDerveer

Men's Cross Country (4)

- 1996 Vin Lananna
- 1997 Vin Lananna
- 2002 Vin Lananna
- 2003 Andy Gerard

Women's Cross Country (5)

- 1996 Vin Lananna
- 2003 Dena Evans
- 2005 Peter Tegen
- 2006 Peter Tegen
- 2007 Peter Tegen

Football (1)

- 1926 Glenn "Pop" Warner!

Men's Golf (8)

- 1938 Eddie Twigg
- 1939 Eddie Twigg
- 1941 Eddie Twigg
- 1942 Eddie Twigg
- 1946 Eddie Twigg
- 1953 Bud Finger
- 1994 Wally Goodwin
- 2007 Conrad Ray

Men's Gymnastics (4)

- 1992 Sadao Hamada
- 1993 Sadao Hamada
- 1995 Sadao Hamada
- 2009 Thom Glielmi

Women's Rowing (1)

- 2009 Yasmin Farooq

Women's Lightweight Rowing (1)

- 2010 Al Acosta (IRA)

Co-ed Sailing (1)

- 1997^ Steve Bourdow

Men's Swimming & Diving (8)

- 1967 Jim Gaughran
- 1985 Skip Kenney
- 1986 Skip Kenney
- 1987 Skip Kenney
- 1992 Skip Kenney
- 1993 Skip Kenney
- 1994 Skip Kenney
- 1998 Skip Kenney

Stanford Championship Facts

Total National Championships	114
Total NCAA Championships	99
Men's	60
Women's	39
Other National Championships	15

Synchronized Swimming (6)

- 1987 Frank Brennan
- 1988 Frank Brennan
- 1989 Frank Brennan
- 1990 Frank Brennan
- 1991 Frank Brennan
- 1997 Frank Brennan
- 1999 Frank Brennan
- 2001 Lele Forood
- 2002 Lele Forood
- 2004 Lele Forood
- 2005 Lele Forood
- 2006 Lele Forood
- 2010 Lele Forood

Women's Swimming & Diving (9)

- 1980* Claudia Kolb Thomas
- 1983 George Haines
- 1989 Richard Quick
- 1992 Richard Quick
- 1993 Richard Quick
- 1994 Richard Quick
- 1995 Richard Quick
- 1996 Richard Quick
- 1998 Richard Quick

Men's Tennis (18)

- 1942• John Lamb
- 1973 Dick Gould
- 1974 Dick Gould
- 1977 Dick Gould
- 1978 Dick Gould
- 1980 Dick Gould
- 1981 Dick Gould
- 1983 Dick Gould
- 1986 Dick Gould
- 1988 Dick Gould
- 1989 Dick Gould
- 1990 Dick Gould
- 1992 Dick Gould
- 1995 Dick Gould
- 1996 Dick Gould
- 1997 Dick Gould
- 1998 Dick Gould
- 2000 Dick Gould

Women's Tennis (17)

- 1978* Anne Gould
- 1982 Frank Brennan
- 1984 Frank Brennan
- 1986 Frank Brennan



Stanford's women's tennis team won its 16th NCAA title last spring.

Women's Volleyball (6)

- 1992 Don Shaw
- 1994 Don Shaw
- 1996 Don Shaw
- 1997 Don Shaw
- 2001 John Dunning
- 2004 John Dunning

Men's Water Polo (11)

- 1963• Jim Gaughran
- 1976 Art Lambert
- 1978 Dante Dettamanti
- 1980 Dante Dettamanti
- 1981 Dante Dettamanti
- 1985 Dante Dettamanti
- 1986 Dante Dettamanti
- 1994 Dante Dettamanti
- 1995 Dante Dettamanti
- 2001 Dante Dettamanti
- 2002 John Vargas

Women's Water Polo (1)

- 2002 John Tanner

Men's Track & Field (4)

- 1925 Dink Templeton
- 1928 Dink Templeton
- 1934 Dink Templeton
- 2000 Vin Lananna

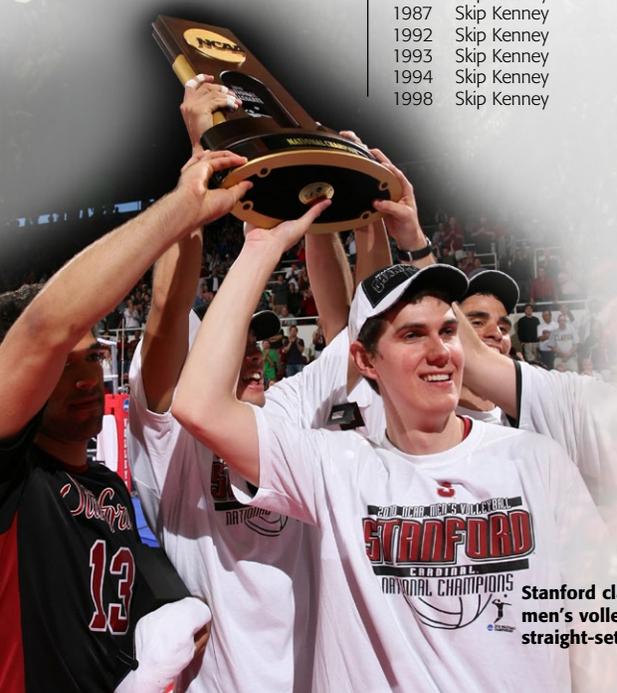
Men's Volleyball (2)

- 1997 Ruben Nieves
- 2010 John Kosty

Stanford's women's basketball team won NCAA Championships in 1990 and 1992.



Stanford claimed the 2010 NCAA men's volleyball championship with a straight-set win over Penn State.





Titles by Year

1924-25 1 Men's Track and Field	1952-53 1 Men's Golf	1981-82 2 Women's Tennis Men's Water Polo	1988-89 3 Women's Swimming Men's Tennis Men's Tennis	1994-95 5 Men's Gymnastics Women's Swimming Men's Tennis Women's Volleyball Men's Water Polo	2003-04 3 Men's Cross Country Women's Cross Country Women's Tennis
1926-27 1 Football (Rissman)	1963-64 1 Men's Water Polo (Unofficial)	1982-83 2 Women's Swimming Men's Tennis	1989-90 3 Women's Basketball Women's Tennis Men's Tennis	1995-96 2 Women's Swimming Men's Tennis	2004-05 3 Women's Volleyball Synchronized Swimming (U.S. Collegiate) Women's Tennis
1927-28 1 Men's Track and Field	1966-67 1 Men's Swimming	1983-84 1 Women's Tennis	1990-91 1 Women's Tennis	1996-97 7 Men's Cross Country Women's Cross Country Co-ed Sailing (ICYRA) Men's Tennis Women's Tennis Men's Volleyball Women's Volleyball	2005-06 3 Women's Cross Country Synchronized Swimming (U.S. Collegiate) Women's Tennis
1933-34 1 Men's Track and Field	1972-73 1 Men's Tennis	1984-85 1 Men's Swimming	1991-92 5 Women's Basketball Men's Gymnastics Men's Swimming Women's Swimming Men's Tennis	1997-98 6 Men's Cross Country Men's Swimming Women's Swimming Synchronized Swimming (U.S. Collegiate) Men's Tennis Women's Volleyball	2006-07 3 Women's Cross Country Synchronized Swimming (U.S. Collegiate) Men's Golf
1936-37 1 Men's Basketball (Helms)	1973-74 1 Men's Tennis	1985-86 4 Men's Swimming Men's Tennis Women's Tennis Men's Water Polo	1992-93 4 Men's Gymnastics Men's Swimming Women's Swimming Women's Volleyball	1998-99 2 Synchronized Swimming (U.S. Collegiate) Women's Tennis	2007-08 2 Women's Cross Country Synchronized Swimming (U.S. Collegiate)
1937-38 2 Men's Basketball (Helms) Men's Golf	1976-77 2 Men's Tennis Men's Water Polo	1986-87 4 Baseball Men's Swimming Women's Tennis Men's Water Polo	1993-94 4 Men's Golf Men's Swimming Women's Swimming Men's Water Polo	1999-2000 2 Men's Tennis Men's Track & Field	2008-09 2 Men's Gymnastics Women's Rowing
1938-39 1 Men's Golf	1977-78 2 Men's Tennis Women's Tennis (AIAW)	1987-88 3 Baseball Men's Tennis Women's Tennis		2000-01 1 Women's Tennis	2009-10 3 Men's Volleyball Women's Tennis Lightweight Eight (IRA)
1940-41 1 Men's Golf	1978-79 1 Men's Water Polo			2001-02 4 Women's Tennis Women's Volleyball Men's Water Polo Women's Water Polo	
1941-42 3 Men's Basketball Men's Golf Men's Tennis (Unofficial)	1979-80 1 Women's Swimming (AIAW) Men's Tennis			2002-03 2 Men's Water Polo Men's Cross Country	
1945-46 1 Men's Golf	1980-81 2 Men's Tennis Men's Water Polo				



Stanford captured the NCAA Men's Gymnastics Championship in 2009.



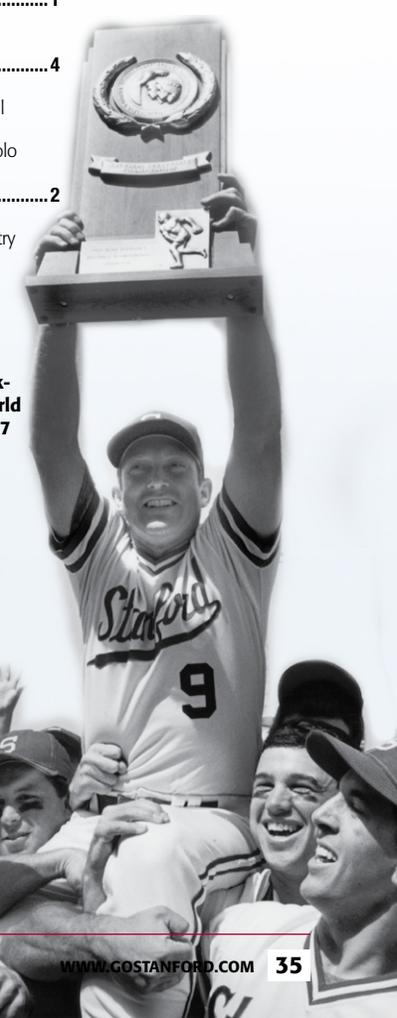
Stanford's synchronized swimming program has won six national collegiate championships, including four in the last five seasons.



Stanford's women's volleyball program has won six NCAA championships, including titles in 2001 and 2004.



Stanford won its first NCAA women's rowing championship in 2009.



Stanford won back-to-back College World Series titles in 1987 and 1988.



RADIO-TV ROSTER



Amber Oland
GK • 6-0 • Sr.
Santa Ana, CA
(Foothill)



Kim Hall
GK • 5-10 • Sr.
Kaneohe, HI
(Punahou)



Kate Baldoni
GK • 5-10 • So.
Newport Beach, CA
(Corona del Mar)



Melissa Seidemann
2M/O • 6-0 • Jr.
Walnut Creek, CA
(College Park)



Pallavi Menon
Driver • 5-5 • Jr.
Palo Alto, CA
(Sacred Heart Prep)



Alyssa Lo
Driver • 5-7 • Jr.
San Anselmo, CA
(Sir Francis Drake)



Jillian Garton
Driver • 5-10 • So.
Granite Bay, CA
(Granite Bay)



Vee Dunlevie
Driver • 5-8 • So.
Atherton, CA
(Sacred Heart Prep)



Kim Krueger
Driver • 5-10 • Sr.
Los Altos Hills, CA
(Menlo School)



Alexis Lee
Driver • 5-7 • So.
Ventura, CA
(Ventura)



Victoria Kennedy
Driver • 6-0 • So.
Newport Beach, CA
(Corona del Mar)



Kaitlyn Lo
Driver • 5-6 • Fr.
San Anselmo, CA
(Sir Francis Drake)



Cassie Cushman
Driver • 5-8 • Jr.
Orange, CA
(Villa Park)



Monica Coughlan
2M/D • 5-8 • Fr.
Moraga, CA
(Campolindo)



Lexie Ross
Driver • 5-9 • Fr.
Laguna Beach, CA
(Laguna Beach)



Kelsey Suggs
Driver • 5-10 • Fr.
Ladera Ranch, CA
(Tesoro)



Lizzie Peiros
2M/D • 5-8 • Fr.
Moraga, CA
(Campolindo)



Kaley Dodson
Driver • 5-11 • Fr.
Seal Beach, CA
(Los Alamitos)



Annika Dries
2M/O • 6-1 • So.
Laguna Beach, CA
(Laguna Beach)



John Tanner
Head Coach
14th Season



Susan Ortwein
Associate Head Coach
14th Season



Kyle Utsumi
Volunteer Asst. Coach
Fourth Season



STANFORD

2011 WATER POLO SCHEDULE

Date	Opponent	Location	Time
Jan. 22-23	Michigan Tourn.	Ann Arbor, Mich.	All Day
Feb. 5-6	Stanford Invitational	Stanford, Calif.	All Day
Feb. 20	Pacific	Stockton, Calif.	1:00 pm
Feb. 26-27	UCI Invitational	Irvine, Calif.	All Day
March 5	San Diego State*	San Diego, Calif.	1:00 pm
March 6	Long Beach St.	Long Beach, Calif.	12:00 pm
March 19	Arizona State*	Tempe, Ariz.	1:00 pm
March 26	UCLA*	Stanford, Calif.	4:00 pm
March 27	UC Davis	Davis, Calif.	1:00 pm
April 2	USC*	Los Angeles, Calif.	12:00 pm
April 3	UC Irvine	Irvine, Calif.	12:00 pm
April 9	Hawai'i*	Stanford, Calif.	6:00 pm
April 16	Cal*	Berkeley, Calif.	7:00 pm
April 22	San Jose State*	Stanford, Calif.	6:00 pm
Apr. 29-May 1	MPSF Championship	San Jose, Calif.	All Day
May 13-15	NCAA Championship	Ann Arbor, Mich.	All Day

Home events in bold • subject to change • Scores & updates at gostanford.com

* indicates MPSF contest

MELISSA SEIDEMANN

MPSF
Mountain Pacific Sports Federation
Water Polo